

**FCIAC CROSS COUNTRY (BOYS)**

<b><u>YEAR</u></b>	<b><u>EAST</u></b>	<b><u>WEST</u></b>	<b><u>CENTRAL</u></b>	<b><u>CHAMPION</u></b>	<b><u>RUNNER-UP</u></b>
1961-62		DANBURY			
1962-63		NEW CANAAN			
1963-64		RIPPOWAM			
1964-65		NEW CANAAN			
1965-66		RIPPOWAM			
1966-67		RIPPOWAM			
1967-68	NEW CANAAN	STAPLES		STAPLES	
1968-69	LUDLOWE	DANBURY		STAPLES	
1969-70	DARIEN	STAPLES		STAPLES	
1970-71	NEW CANAAN	GREENWICH		DARIEN	
1971-72	DARIEN	GREENWICH		GREENWICH	
1972-73	NEW CANAAN	DANBURY		GREENWICH	
1973-74	NEW CANAAN	GREENWICH		NEW CANAAN	
1974-75	NEW CANAAN	STAMFORD		STAMFORD	
1975-76	NEW CANAAN	GREENWICH		NEW CANAAN	
1976-77	RIDGEFIELD- <b>TIE</b> STAPLES	GREENWICH		GREENWICH	
1977-78	STAPLES	GREENWICH		STAPLES	
1978-79	NEW CANAAN	DANBURY		NEW CANAAN	
1979-80	NEW CANAAN	DANBURY		NEW CANAAN	DANBURY
1980-81	STAPLES	WESTHILL		WARDE	
1981-82	STAPLES	DANBURY		TRUMBULL	
1982-83	LUDLOWE	GREENWICH		LUDLOWE	STAPLES
1983-84	LUDLOWE	GREENWICH		NEW CANAAN	RIDGEFIELD
1984-85	RIDGEFIELD	DANBURY		RIDGEFIELD	NEW CANAAN
1985-86	RIDGEFIELD	WESTHILL		RIDGEFIELD	STAPLES
1986-87	STAPLES	GREENWICH		STAPLES	FAIRFIELD
1987-88	STAPLES	WESTHILL		STAPLES	FAIRFIELD
1988-89	STAPLES	STAMFORD		STAPLES	STAMFORD
1989-90	STAPLES	GREENWICH		STAPLES	GREENWICH
1990-91	STAPLES			STAPLES	
1991-92	STAPLES	GREENWICH		DANBURY	
1992-93	STAPLES	DANBURY		DANBURY	STAPLES
1993-94	DANBURY	RIDGEFIELD		DANBURY	
1994-95	WILTON	DANBURY	STAPLES	DANBURY	FAIRFIELD
1995-96	WILTON	DANBURY	RIDGEFIELD	DANBURY	TRUMBULL
1996-97	NEW CANAAN	DANBURY	RIDGEFIELD	DANBURY	RIDGEFIELD
1997-98	NEW CANAAN	FAIRFIELD	RIDGEFIELD	RIDGEFIELD	DANBURY
1998-99	NEW CANAAN	FAIRFIELD	RIDGEFIELD	RIDGEFIELD	FAIRFIELD
1999-99	NEW CANAAN	DANBURY	RIDGEFIELD	DANBURY	FAIRFIELD
2000-01	DARIEN	DANBURY	RIDGEFIELD	DANBURY	RIDGEFIELD
2001-02	DARIEN	DANBURY	RIDGEFIELD	DANBURY	RIDGEFIELD
2002-03	DARIEN	DANBURY	STAPLES	DANBURY	STAPLES
2003-04	DARIEN	DANBURY	RIDGEFIELD	DANBURY	RIDGEFIELD
2004-05	DARIEN	DANBURY	STAPLES	STAPLES	RIDGEFIELD
2005-06	DARIEN	WARDE	STAPLES	DANBURY	DARIEN
2006-07	NEW CANAAN	DANBURY	RIDGEFIELD	DANBURY	DARIEN
2007-08	DARIEN	DANBURY	RIDGEFIELD	DANBURY	DARIEN
2008-09	DARIEN	DANBURY	RIDGEFIELD	DANBURY	DARIEN
2009-10	DARIEN	DANBURY	LUDLOWE	DANBURY	DARIEN
20010-11	DARIEN	DANBURY	LUDLOWE	DANBURY	DARIEN
2011-12	DARIEN	DANBURY	RIDGEFIELD	DANBURY	DARIEN

## FCIAC CROSS COUNTRY (BOYS)

<u>YEAR</u>	<u>EAST</u>	<u>WEST</u>	<u>CENTRAL</u>	<u>CHAMPION</u>	<u>RUNNER-UP</u>
2012-13	DARIEN	DANBURY	RIDGEFIELD	DANBURY	STAPLES
2013-14	DARIEN	DANBURY	RIDGEFIELD	RIDGEFIELD	DARIEN
2014-15	DARIEN	DANBURY	STAPLES	DANBURY	STAPLES
2015-16	DARIEN	STAPLES		DANBURY	STAPLES
2016-17	FAIRFIELD WARDE	STAPLES		STAPLES	DANBURY
2017-18	FAIRFIELD WARDE	STAPLES		STAPLES	WARDE
2018-19	FAIRFIELD WARDE	STAPLES		STAPLES	DANBURY
2019-20	FFLD. LUDLOWE	STAPLES		STAPLES	RIDGEFIELD
<b>YEAR OF COVID PANDEMIC</b>					
2020-21	TRUMBULL	DARIEN	RIDGEFIELD	<b>REGULAR SEASON</b>	
2020-21	TRUMBULL	DARIEN	RIDGEFIELD	<b>TOURNAMENT CHAMPION</b>	
2021-22	DARIEN	STAPLES		RIDGEFIELD	STAPLES

## FCIAC CROSS COUNTRY (BOYS)

### 1968-69

JIM O'NEIL, LUDLOWE  
JERRY GLUCKMAN, STAPLES  
MIKE FAHEY, DARIEN  
PETE KAVANAUGH, STAPLES  
MARK GOODWIN, DANBURY  
JOHN TASKER, GREENWICH  
MARK CHAPLAIN, CATHOLIC

### 1969-70

MIKE POST, MCMAHON  
BURT BOARDMAN, MCMAHON  
STEVE WHEELER, STAPLES  
PETE KAVANAUGH, STAPLES  
JIM LOGAN, STAPLES  
MIKE FAHEY, DARIEN  
OLE ANDERSON, NEW CANAAN  
JIM O'NEIL, LUDLOWE  
KEITH LOBDELL, LUDLOWE  
RUSS JEDLICKA, GREENWICH  
ETIENNE PERRET, GREENWICH  
RAY KELLY, DANBURY

### 1970-71

DAVE BRINDLEY, DARIEN  
BOB TORCH, DANBURY  
CHARLIE TIEDERMANN, NEW CANAAN  
JEFF CASTLE, DARIEN  
JOHN DAWSON, GREENWICH  
GARRY BAERMAN, NEW CANAAN  
DAN FRANZ, DARIEN  
JOHN PERRET, GREENWICH  
GREG BURNETT, LUDLOWE  
BILL STALEY, WARDE  
DON WARFIELD, NEW CANAAN  
GUY GLOVER, RIPPOWAM

### 1971-72

GARRY BAERMAN, NEW CANAAN  
JOHN FORAN, NEW CANAAN  
ROD RAHE, DARIEN  
CHRIS RINGSTON, WILTON  
JOHN DAWSON, GREENWICH  
RUSS JEDLICKA, GREENWICH  
ETIENNE PERRET, GREENWICH  
BRUCE MERRILL, STAMFORD  
KEN SCHOPPMANN, TRUMBULL  
STEVE SHOLTES, DANBURY  
BOB TORAN, DANBURY

### 1972-73

JOHN FORAN, NEW CANAAN  
CHRIS RINGSTON, WILTON  
TOM MADDEN, NEW CANAAN  
PETE MORRILL, NEW CANAAN  
PETE INFANGER, WILTON  
SCOTT BAKER, STAPLES  
TOM LO, STAPLES  
MARV BENINSON, DANBURY  
RORY GOODWIN, DANBURY  
STEVE SHOLTES, DANBURY  
DIRK WILLIAMS, GREENWICH  
MACK JOHNSON, GREENWICH  
BOB BURTON, GREENWICH  
SAM BASTIEN, LUDLOWE  
DAVE INOUYE, RIDGEFIELD

### 1973-74

PETE MORRILL, NEW CANAAN  
SCOTT CECIL, NEW CANAAN  
MIKE COTTON, NEW CANAAN  
STEVE BOND, NEW CANAAN  
ROGER PHILLIPS, NEW CANAAN  
BILL INFANGER, WILTON  
MARK YOUNG, STAPLES  
BOB BURTON, GREENWICH  
DIRK WILLIAMS, GREENWICH  
FRANK CARR, GREENWICH  
DAVE ELIOT, GREENWICH  
BILL SANDREUTER, GREENWICH  
TIM DOLAN, RIDGEFIELD  
TOM COOK, RIDGEFIELD  
STEVE SHOLTES, DANBURY  
MARION DUREN, DANBURY  
GARY SHEEHAN, DANBURY  
CASEY GAWLAK, STAMFORD

### 1974-75

BRUCE BOND, NEW CANAAN  
MIKE COTTON, NEW CANAAN  
ROGER PHILLIPS, NEW CANAAN  
MARK YOUNG, STAPLES  
FRED ZIMMERMAN, STAPLES  
GERRY PHILLIPS, NORWALK  
BILL INFANGER, WILTON  
GARY LEONARD, DARIEN  
CASEY GAWLAK, STAMFORD  
ROLAND SHERWOOD, STAMFORD  
JOHN BUCZEK, LUDLOWE  
STEVE COOK, RIDGEFIELD  
DAVE CHAMEIDES, TRUMBULL

## FCIAC CROSS COUNTRY (BOYS)

### 1974-75 (CONT)

JIM DUNN, CATHOLIC  
MARLON DUREN, DANBURY  
STAN SHOLTES, DANBURY  
COLIN MORRIS, WESTHILL  
DIRK WILLIAMS, GREENWICH

### 1975-76

JOHN BUCZEK, LUDLOWE  
DOUG CALBY, STAPLES  
DAVE CHAMEIDES, TRUMBULL  
MIKE COTTON, NEW CANAAN  
BILL INFANGER, WILTON  
MARK MACINTYRE, GREENWICH  
JOHN O'MAHONEY, NORWALK

### 1976-77

RANDY ANDREW, GREENWICH  
DOUG CALBY, STAPLES  
MIKE COTTON, NEW CANAAN  
DOUG INGERSOL, WILTON  
PAT JACKSON, DARIEN  
JOHN O'MAHONY, NORWALK  
DAVE PETERSON, LUDLOWE

### 1977-78

ZACK BARNETT, NEW CANAAN  
SAM DAVIDSON, STAPLES  
MIKE HOWELL, LUDLOWE  
PETE HUMPHREY, STAPLES  
PAT JACKSON, DARIEN  
PETE LOFINK, WILTON  
BOB MURDOCK, GREENWICH

### 1978-79

PETE HUMPHREY, STAPLES  
JIM FORKER, NEW CANAAN  
ANDY REGAN, NEW CANAAN  
JEFF MESSER, DARIEN  
JOHN RIDGEWAY, GREENWICH  
JOHN MITOLA, LUDLOWE  
ZACK BARNETT, NEW CANAAN

### 1979-80 FIRST TEAM

DAVE HINES, STAPLES  
KEN HUMPHREY, DANBURY  
GLEN JAROSZYNSKI, STAMFORD  
KEVIN KING, WESTHILL  
CHARLES PHILLIPS, NEW CANAAN  
KEN SIDELEAU, NORWALK  
TOM SPADAFORA, RIDGEFIELD

### 1979-80 SECOND TEAM

BRIAN CRANE, STAPLES  
JOHN CRETAN, NEW CANAAN  
KEITH DEVOS, WESTHILL  
TED FARAH, DANBURY  
JEFF FREYMAN, NEW CANAAN  
JEFF MCKEE, DARIEN  
CRAIG ODIERNO, NORWALK

### 1980-81 FIRST TEAM

JOSE QUINONEZ, RIPPOWAM  
GEORG WU, WARDE  
MIKE LAGE, RIDGEFIELD  
KEVIN KING, WESTHILL  
TED FARAH, DANBURY  
MIKE ROBSON, DARIEN  
ROY MASCOLINO, STAPLES

### 1980-81 SECOND TEAM

CHARLIE GAWLAK, STAMFORD  
PAUL LINDEN, RIDGEFIELD  
MARK MELILLO, GREENWICH  
DAVE MITZI, WESTHILL  
NICK PRATT, LUDLOWE  
BILL SCHUELER, NORWALK  
TOM STEELE, MCMAHON  
SEAN WALSH, TRUMBULL

### 1981-82 FIRST TEAM

ROY MASCOLINO, STAPLES  
MIKE KOWALSKI, WARDE  
BUCKY CAMPBELL, NEW CANAAN  
SEAN WALSH, TRUMBULL  
JOE GREENWOOD, TRUMBULL  
SCOTT KOGAN, STAMFORD  
KARL MALMSHEIMER, DANBURY

### 1981-82 SECOND TEAM

BARRY FAGAN, TRUMBULL  
JOHN LORENZINI, RIDGEFIELD  
JOSE QUINONES, RIPPOWAM  
MARK SMALLEY, RIDGEFIELD  
ROBERT STEA, DANBURY  
PHIL ZIPPERMAN, STAPLES  
RICHARD ZIPPERMAN, STAPLES

### 1982-83 FIRST TEAM

DAVID CONRAD, MCMAHON  
TOM HARDING, LUDLOWE  
MIKE KOWALSKI, WARDE  
JOHN LORENZINI, RIDGEFIELD

## FCIAC CROSS COUNTRY (BOYS)

### 1982-83 FIRST TEAM (CONT)

ROY MASCOLINO, STAPLES  
KERRY MCKINLEY, DANBURY  
MATT ZAMARY, DANBURY

### 1982-83 SECOND TEAM

CHRIS DIMATTIA, LUDLOWE  
TIM DIRGINS, GREENWICH  
ANDREW HUESTIS, WILTON  
TIM JONES, STAPLES  
SCOTT MOSLEY, NEW CANAAN  
CHRIL TIDBALL, WILTON  
DOUG WHITFIELD, LUDLOWE

### 1983-84 FIRST TEAM

TIM DIRGINS, GREENWICH  
TOM HARDING, LUDLOWE  
JOHN LORENZINI, RIDGEFIELD  
ART SMITH, NEW CANAAN  
MIKE SMITH, RIDGEFIELD  
ERIC STRUNK, WARDE  
DOUG WHITFIELD, LUDLOWE

### 1983-84 SECOND TEAM

KEVIN BRAUN, STAPLES  
JIM BYRNES, NEW CANAAN  
CHRIS MCKIERNAN, DARIEN  
JASON RINALDI, WESTHILL  
MIKE ROGERS, NEW CANAAN  
PETE TOMCZYK, TRUMBULL  
BOB WHITFIELD, LUDLOWE

### 1984-85 FIRST TEAM

ANDY BARTLETT, NEW CANAAN  
JAMIE KALAMARIDES, WILTON  
NORM MCHUGH, WESTHILL  
BING MILLER, DANBURY  
JASON RINALDI, WESTHILL  
ERIC STRUNK, WARDE  
JOHN ZITZMAN, GREENWICH

### 1984-85 SECOND TEAM

KEVIN BRAUN, STAPLES  
SCOTT CONNER, NEW CANAAN  
KEITH IODICE, LUDLOWE  
ED MOORE, DANBURY  
SCOTT PATTON, RIDGEFIELD  
ANDY QUINN, WARDE  
JOHN SILLARS, DARIEN

### 1985-86 FIRST TEAM

CHRIS BASTEK, RIDGEFIELD  
LARRY BRIODY, RIDGEFIELD  
VANCE CLEMENTE, GREENWICH  
PETER COOKE, GREENWICH  
JASON GASPERO, STAPLES  
EVAN GRAYER, STAPLES  
NORMAN MCHUGH, WESTHILL  
ED MOORE, DANBURY  
SCOTT PATTEN, RIDGEFIELD  
ANDY QUINN, WARDE  
ERIC STRUNK, WARDE  
PETE TOMCZYK, TRUMBULL

### 1985-86 SECOND TEAM

JEFF BRAUN, STAPLES  
ROB BLANCHARD, NEW CANAAN  
PAT CAMPBELL, LUDLOWE  
JAY CARTER, STAPLES  
SCOTT CONNER, NEW CANAAN  
STEVE CUNEO, RIDGEFIELD  
MIKE FINKEL, WESTHILL  
JOHN KRETSCH, LUDLOWE  
MIKE NOSAL, WESTHILL  
TYLER POTTER, LUDLOWE  
TIM ROGERS, NEW CANAAN  
STEVE ROONEY, DARIEN  
ELI STEIN, WARDE

### 1986-87 FIRST TEAM

JAY CARTER, STAPLES  
PETER COOKE, GREENWICH  
STEVE CUNEO, RIDGEFIELD  
JAMES DINA, FAIRFIELD  
EVAN GRAYER, STAPLES  
JASON GASPERO, STAPLES  
JOHNNY KRETSCH, FAIRFIELD  
ROB MURRAY, DANBURY  
JOHN PETERSON, CATHOLIC  
TIM ROGERS, NEW CANAAN  
STEVE ROONEY, DARIEN  
TOM SHEERAN, STAPLES

### 1986-87 SECOND TEAM

DEREK BEARD, WILTON  
JIM BOOK, WILTON  
MIKE CLARKE, WILTON  
DON DESFOSSSES, STAPLES  
GREG ELKINS, MCMAHON  
JEFF GOLDER, STAPLES  
STEVE KOWALSKI, FAIRFIELD

## FCIAC CROSS COUNTRY (BOYS)

### 1986-87 SECOND TEAM (CONT)

RANDY LANGE, TRUMBULL  
JON LIBA, STAPLES  
ERIC MATSON, NEW CANAAN  
RYAN REYNOLDS, NORWALK  
MATTHEW ROBINSON, GREENWICH  
MATT WHITE, WESTHILL

### 1987-88 FIRST TEAM

JAY BUTLER, STAPLES  
TOM CUCUEL, GREENWICH  
GREG ELKINS, MCMAHON  
JASON GASPERO, STAPLES  
JEFF GOLDER, STAPLES  
EVAN GRAYER, STAPLES  
JAMES LIEBERTZ, WESTHILL  
ERIC MATSON, NEW CANAAN  
ROB MURRAY, DANBURY  
TOM SHEERAN, STAPLES  
ROB TYMOCZKO, TRUMBULL  
NORBERTO ZAPATA, FAIRFIELD

### 1987-88 SECOND TEAM

PETER ANASTASIO, WILTON  
MIKE BENZIE, DARIEN  
SCOTT BOTTCHER, FAIRFIELD  
MATT BROWN, STAMFORD  
DON DESFOSSES, STAPLES  
RICHARD MCDONALD, STAPLES  
ERIC MOFFAT, NEW CANAAN  
GRANT MORRISON, DANBURY  
KEVIN O'KEEFE, NEW CANAAN  
ANDY SGANGA, RIDGEFIELD  
BRICE WESTRING, STAPLES  
MATT WHITE, WESTHILL

### 1988-89 FIRST TEAM

PETER ANASTASIO, WILTON  
DAVE BARNES, STAMFORD  
JAY BUTLER, STAPLES  
CARLOS DEOVANDO, STAPLES  
GREG ELKINS, MCMAHON  
KEVIN HAWKEY, RIDGEFIELD  
RICH LUMAZZA, FAIRFIELD  
TOM SHERRAN, STAPLES  
RICH VOGT, STAPLES  
MARK WESLEY, STAMFORD  
KEITH WILLIAMS, GREENWICH  
NORBERTO ZAPATA, FAIRFIELD

### 1988-89 SECOND TEAM

MIKE BENZIE, DARIEN  
PETER BRADY, RIDGEFIELD  
MATT BROWN, STAMFORD  
KEVIN DAY, STAPLES  
BRETT FREEMAN, WESTHILL  
PETER HIRSCH, GREENWICH  
MIKE HOPPER, DANBURY  
JAMES LIEBERTZ, WESTHILL  
MIKE MCAVOY, RIDGEFIELD  
LARRY REDDEN, STAMFORD  
FABIAN RINCON, STAPLES  
MATT SCHNEIDER, STAPLES

### 1989-90 FIRST TEAM

PETER ANASTASIO, WILTON  
MARTIN BARKWALL, GREENWICH  
JUSTIN CHILDERS, STAPLES  
KEVIN DAY, STAPLES  
CARLOS DEOVANDO, STAPLES  
KEVIN HAWKEY, RIDGEFIELD  
ANDREW LEWIS, GREENWICH  
JIMMY MELLIS, WESTHILL  
LARRY REDDEN, STAMFORD  
RANDALL ROTHGEB, STAPLES  
RICHARD VOGT, STAPLES  
NORBERTO ZAPATA, FAIRFIELD

### 1989-90 SECOND TEAM

MIKE BENZIE, DARIEN  
ERIK BUE, STAPLES  
JACK DAVIDSON, DARIEN  
NICHOLAS DELAMARE, STAPLES  
ROBERT DUCK, DARIEN  
CARL GREGORIO, STAMFORD  
NICHOLAS JEREMIAH, STAPLES  
JEREMY KALAMARIDES, WILTON  
ROB O'DEA, GREENWICH  
ANTHONY NAJAMY DANBURY  
DAN RADULSKI, DANBURY  
JAY ROXE, DARIEN  
R.J. SALA, CATHOLIC

### 1990-91 FIRST TEAM

JUSTIN CHILDERS, STAPLES  
JACK DAVIDSON, DARIEN  
KEVIN DAY, STAPLES  
NICHOLAS DELAMARE, STAPLES  
CARL GREGORIO, STAMFORD  
KEVIN HAWKEY, RIDGEFIELD  
CHRIS MCGARRIGAL, DANDURY

## FCIAC CROSS COUNTRY (BOYS)

### 1990-91 FIRST TEAM (CONT)

FRED NORDSJO, WESTHILL  
LARRY REDDEN, STAMFORD  
RANDALL ROTHGEB, STAPLES  
JAY ROXE, DARIEN  
RICHARD VOGT, STAPLES

### 1990-91 SECOND TEAM

ANDREW BOWMAN, GREENWICH  
ERIK BUE, STAPLES  
DOUG DEMASSA, NORWALK CO-OP  
ALEX DESCHENES, WILTON  
NATE FINDLEY, WILTON  
PAUL HOPPER, DANBURY  
ANDREW LEWIS, GREENWICH  
TOM LIBA, STAPLES  
JOHN LOMBARDO, DANBURY  
MARK NEWMAN, STAMFORD  
DREW NOTLEY, RIDGEFIELD  
JIM RATH, FAIRFIELD  
R.J. SALA, CATHOLIC  
JULIO SORIA, STAPLES  
SAM TRINCA, GREENWICH  
STEPHEN WACHTEL, GREENWICH

### 1991-92 FIRST TEAM

MARK BARTOLOMAEI, RIDGEFIELD  
ANDREW BOMANN, GREENWICH  
JOHN CARBONE, DANBURY  
JUSTIN CHILDERS, STAPLES  
BRAD FERGUSON, WILTON  
STEVE GRYZB, TRUMBULL  
MARC LAROCHE, STAPLES  
CHRIS MCGARRIGAL, DANBURY  
MIKE MOORE, DANBURY  
TOMER NITZAN, FAIRFIELD  
JIM RATH, FAIRFIELD  
RANDALL ROTHGEB, STAPLES  
JERRY TERMAN, DANBURY  
SAM TRINCA, GREENWICH

### 1991-92 SECOND TEAM

ERIC CARPENTER, WESTHILL  
ERICK CHASE, STAPLES  
MIKE DEMASSA, NORWALK CO-OP  
PAUL LAROSA, DANBURY  
CRAIG LOPEZ, TRUMBULL  
JOHN MCELROY, RIDGEFIELD  
DREW NOTLEY, RIDGEFIELD  
MASATO OKANO, GREENWICH  
RANDY ROBERTSON, DARIEN

### 1991-92 SECOND TEAM (CONT)

BRIAN TARNIK, STAPLES

### 1992-93 FIRST TEAM

MARK BARTHOLEMAEI, RIDGEFIELD  
JEFF CALO, WILTON  
KEVIN CATTRELL, NEW CANAAN  
ERICK CHASE, STAPLES  
KEN GUNN, STAMFORD  
ALEX LAROCHE, STAPLES  
RYAN LAURENT, GREENWICH  
MIKE MOORE, DANBURY  
TOMER NITZAN, FAIRFIELD  
MASATO OKANO, GREENWICH  
DAVE QUIST, WILTON  
JIM RATH, FAIRFIELD  
MIKE ROVITO, DANBURY  
JERRY TERMON, DANBURY  
SAM TRINCA, GREENWICH

### 1992-93 SECOND TEAM

MIKE DEMASSA, MCMAHON  
BRAD FERGUSON, WILTON  
NATE FINDLEY, WILTON  
TADASHI FUKUDA, GREENWICH  
PAUL LAROSA, DANBURY  
SCOTT PETERSON, FAIRFIELD  
RICK PETERSON, STAPLES  
SHAWN SANFORD, DANBURY  
KEITH SIEGNER, STAMFORD  
BRETT WITHERS, TRUMBULL

### 1993-94 FIRST TEAM

DECIO TENREIRO, DANBURY  
DAVE QUIST, WILTON  
SCOTT PETERSON, FAIRFIELD  
ALEX LAROCHE, STAPLES  
PAUL LAROSA, DANBURY  
MIKE ROVITO, DANBURY  
TADASHI, FUKUDA, GREENWICH  
KEVIN CATTRELL, NEW CANAAN  
PETER SORENSON, STAPLES  
ERICH BRANT, RIDGEFIELD  
STEVE ROUNTOS, DANBURY  
BRIAN LAVERY, GREENWICH

### 1993-94 SECOND TEAM

MASATO OKANO, GREENWICH  
TONY RESTUCCIA, NORWALK  
SEAN MEHNER, STAMFORD  
MARK LAROSA, DANBURY

## FCIAC CROSS COUNTRY (BOYS)

### 1993-94 SECOND TEAM (CONT)

AARON BLACKWELDER, FAIRFIELD  
SETH STRATFORD, TRUMBULL  
STEVE GREENBERG, RIDGEFIELD  
CHRIS ROUNTOS, DANBURY  
TOBY KORNER, NEW CANAAN  
YOSHIMI ENDO, STAMFORD  
DAVE HENRY, STAMFORD  
ANDREW TAR, GREENWICH  
DAVE PROCTOR, RIDGEFIELD  
MIKE GIBSON, GREENWICH  
NEIL MUTNICK, WESTHILL

### 1994-95 FIRST TEAM

DECIO TENEIRO, DANBURY  
GOEFF HOWARD, FAIRFIELD  
DAVE QUIST, WILTON  
SCOTT PETERSON, FAIRFIELD  
MARK LAROSA, DANBURY  
KIKI LUMFUAKAIDI, BASSICK  
DOUG DEMARCO, DANBURY  
JARON DAVIS, STAPLES  
AARON BLACKWELDER, FAIRFIELD  
TOM NEUMANN, NORWALK  
BRIAN O'LOUGHLIN, DANBURY  
BRIAN KAUPPI, GREENWICH  
MATT HOMBERGER, STAPLES

### 1994-95 SECOND TEAM

BLAINE HURTY, DARIEN  
SEAN MEHNER, STAMFORD  
JACQUES BEGIN, WILTON  
WILLIE THOMPSON, STAPLES  
MIKE GIBSON, GREENWICH  
TOM DILORIO, DANBURY  
DAVE PROCTOR, RIDGEFIELD  
SCOTT HUYETTE, NEW CANAAN  
CHRIS ROUNTOS, DANBURY  
ANDREW MOCARSKI, FAIRFIELD  
TONY HYLTON, NORWALK  
YOSHIMI ENDO, STAMFORD  
PAT STURGESS, DANBURY

### 1995-96 FIRST TEAM

KIKI LUMFUAKAIDI, BASSICK  
DECIO TENREIRO, DANBURY  
MARK LAROSA, DANBURY  
CHRIS ROUNTOS, DANBURY  
WILLIE THOMPSON, STAPLES  
HIRO HASAGAWA, GREENWICH  
BRYAN KOVALSKY, RIDGEFIELD

### 1995-96 FIRST TEAM (CONT)

JEFF KURIJAKA, DANBURY  
BRIAN O'LOUGHLIN, DANBURY  
JAY CROCKETT, TRUMBULL  
AARON BLACKWELDER, FAIRFIELD  
ANDRES MOCARSKI, FAIRFIELD  
BILL BUNN, TRUMBULL

### 1995-96 SECOND TEAM

MARC LUPINACCI, TRINITY  
YOSHIMI ENDO, STAMFORD  
GARY MASER, DANBURY  
TIM FOSTER, FAIRFIELD  
PAT STURGES, DANBURY  
CRAIG OSHRIN, NORWALK  
CHRIS MITCHELL, NEW CANAAN  
KRIS JAMES, STAPLES  
ALEX PETER, NORWALK  
SEAN MEHNER, STAMFORD  
RYAN COLEMAN, NEW CANAAN

### 1996-97 FIRST TEAM

JIM BUCHER, RIDGEFIELD  
JASON CROCKETT, TRUMBULL  
KRIS JAMES, STAPLES  
MICHALE JULIANO, TRUMBULL  
ERIC KLEIN, TRUMBULL  
BRYAN KOVALSKY, RIDGEFIELD  
KRIS KURJIKA, DANBURY  
ANDREW MOCARSKI, FAIRFIELD  
GEORGE O'LOUGHLIN, DANBURY  
KEN POLI, DARIEN  
CHRIS ROUNTOS, DANBURY  
CHRIS MITCHELL, NEW CANAAN

### 1996-97 SECOND TEAM

ALEJANDRO ARBELLA, DANBURY  
NATHAN ARRINGTON, STAPLES  
RYAN COLEMAN, NEW CANAAN  
KEN COONEY, STAPLES  
MICKEY COOPER, FAIRFIELD  
SCOTT FELTMATE, RIDGEFIELD  
TIM FOSTER, FAIRFIELD  
MATT GIOFFRE, RIDGEFIELD  
JOSEPH MOODY, DANBURY  
AARON PATRICK, RIDGEFIELD  
ALEX PETER, NORWALK  
TODD PETERSON, FARIFIELD  
PAT STURGES, DANBURY  
MIKE TANNHEIMER, RIDGEFIELD

## FCIAC CROSS COUNTRY (BOYS)

### 1997-98 FIRST TEAM

JAY CROCKETT, TRUMBULL  
SCOTT FELTMATE, RIDGEFIELD  
MATT GIOFFRE, RIDGEFIELD  
KRIS JAMES, STAPLES  
ETHAN KEARNS, RIDGEFIELD  
ERIC KLEIN, TRUMBULL  
KRIS KURJAKA, DANBURY  
ANDREW MOCARSKI, FAIRFIELD  
GEORGE O'LOUGHLIN, DANBURY  
AARON PATRICK, RIDGEFIELD  
TODD PETERSON, FAIRFIELD  
REN PROVEY, FAIRFIELD  
NATHAN RAMIREZ, TRUMBULL

### 1997-98 SECOND TEAM

ALEJANDRO ARBELLA, DANBURY  
NATHAN ARRINGTON, STAPLES  
JEFF CLAPES, ST. JOSEPH  
RYAN COLEMAN, NEW CANAAN  
MICKEY COOPER, FAIRFIELD  
ALLEN HALL, DANBURY  
ROBERT KENNEDY, STAPLES  
RAMON LABOY, DANBURY  
JOHN LAROSA, DANBURY  
JOE MOODY, DANBURY  
LENNY PETTITI, TRUMBULL  
TOM PUZAK, RIDGEFIELD

### 1998-99 FIRST TEAM

MICKEY COOPER, FAIRFIELD  
MICHAEL HNATH, RIDGEFIELD  
ETHAN KEARNS, RIDGEFIELD  
ROBERT KENNEDY, STAPLES  
RAMON LABOY, DANBURY  
JOHN LAROSA, DANBURY  
GEORGE O'LOUGHLIN, DANBURY  
AARON PATRICK, RIDGEFIELD  
REN PROVEY, FAIRFIELD  
TOM PUZAK, RIDGEFIELD  
NATHAN RAMIREZ, TRUMBULL  
CARL SCHMIDT, RIDGEFIELD

### 1998-99 SECOND TEAM

BYRON BOOTS, NEW CANAAN  
RYAN COLEMAN, NEW CANAAN  
SETH HADEN, NEW CANAAN  
LARRY HAMILTON, HARDING  
ED HEATTER, STAPLES  
JEREMY KRINSLEY, NEW CANAAN  
DOUG MCCORMICK, STAPLES

### 1998-99 SECOND TEAM (CONT)

GEORGE MCELROY, FAIRFIELD  
MIKE PETTWAY, HARDING  
JAY POPOVICH, FAIRFIELD  
TIM SHILLING, TRUMBULL  
MATTHEW YARDIS, GREENWICH

### 1999-2000 FIRST TEAM

JAMAL AARON, WILTON  
MICKEY COOPER, FAIRFIELD  
MATTHEW CURRAN, DANBURY  
MATT KALINSKI, GREENWICH  
REESE KENNEDY, STAPLES  
JEREMY KRINSLEY, NEW CANAAN  
TYLER KURJAKA, DANBURY  
RAMON LABOY, DANBURY  
STEVE MUSHETTI, RIDGEFIELD  
REN PROVEY, FAIRFIELD  
ANDREW RENNA, DANBURY  
CARL SCHMIDT, RIDGEFIELD  
CONNOR SWEENEY, DANBURY  
MATT WRIGHT, FAIRFIELD  
MATTHEW YARDIS, GREENWICH

### 1999-2000 SECOND TEAM

SAMEER BAIG, DARIEN  
DURRY BECKER, STAPLES  
SCOTT FINLAY, DARIEN  
CHRIS FISHER, STAPLES  
ED HEATTER, STAPLES  
MATT HYDE, FAIRFIELD  
ANDRE LABOY, DANBURY  
ROB LYNCH, NEW CANAAN  
JOHN MARIANO, DANBURY  
DOUG MCCORMICK, STAPLES  
DAN O'LAUGHLIN, DANBURY  
JAY POPOVICH, FAIRFIELD  
SKIP RUSSELL, NEW CANAAN  
JEFF ZARRILI, DARIEN

### 2000-01 FIRST TEAM

LUKE MEYER, RIDGEFIELD  
STEVE MUCCHETTI, RIDGEFIELD  
DAN O'LOUGHLIN, DANBURY  
CONNOR SWEENEY, DANBURY  
MIKE AHERN, DANBURY  
CARL SCHMIDT, RIDGEFIELD  
ARTURO LUGO, DANBURY  
MICHAEL RAFFAELE, GREENWICH  
ANDRE LABOY, DANBURY  
EMRE KENNEDY, STAPLES

## FCIAC CROSS COUNTRY (BOYS)

### 2000-01 FIRST TEAM (CONT)

TYLER KURJIAKA, DANBURY  
CHRIS JOHNSON, RIDGEFIELD  
RAMON LABOY, DANBURY  
CHASE PIZZONIA, DARIEN  
WILL DOWNEY, STAPLES

### 2000-01 SECOND TEAM

SAMEER BAIG, DARIEN  
TIM CLAPES, ST. JOSEPH  
TYLER DODDS, WILTON  
PAUL JARBOE, WILTON  
JEREMY KRINSLEY, NEW CANAAN  
JOHN LAWRENCE, FAIRFIELD  
ADAM POLITE, STAPLES  
GREG TAVINO, RIDGEFIELD  
HANNES WALZ, NEW CANAAN  
JOHN WESELCOUCH, FAIRFIELD

### 2001-02 FIRST TEAM

STEVE MUCCHETTI, RIDGEFIELD  
ANDRE LABOY, DANBURY  
DANNY O'LOUGHLIN, DANBURY  
CONNOR SWEENEY, DANBURY  
EMRE KENNEDY, STAPLES  
PHILIP SHERMAN, GREENWICH  
ADAM POLITE, STAPLES  
ROB LYNCH, NEW CANAAN  
PAUL JARBOE, WILTON  
TIMOTHY LOH, FAIRFIELD  
CHASE PIZZONIA, DARIEN  
ALDACE FLEMING, RIDGEFIELD  
TRAVIS MCKEE, DANBURY  
JOE O'DONNELL, DANBURY  
JAY MARTIN, RIDGEFIELD

### 2001-02 SECOND TEAM

JOHN WESELCOUCH, FAIRFIELD  
KYLE ASTLE, FAIRFIELD  
RYAN SMITH, FAIRFIELD  
ROBERT BRINK, STAPLES  
TIM BURNS, NORWALK  
ERIC REILLY, FAIRFIELD  
JEREMY SLOAN, RIDGEFIELD  
SIMON ROSSETTER, DARIEN  
JOHN LAWRENCE, STAPLES  
TYLER KURJIAKA, DANBURY  
JONATHAN KOLODZIEJ, DANBURY  
ANTHONY ROUNTOS, DANBURY

### 2002-03 FIRST TEAM

CHASE PIZZONIA, DARIEN  
MICHAEL KENNEDY, STAPLES  
TYLER LONSDALE, STAPLES  
TIMOTHY LOH, FAIRFIELD  
TOM BERRY, WESTHILL  
MATTHEW BACH, DANBURY  
GRAHAM SNOW, DANBURY  
JONATHAN KOLODZIEJ, DANBURY  
BRAD HILLER, RIDGEFIELD  
JAY MARTIN, RIDGEFIELD  
GRANT BURGESS, STAPLES  
SEAN BETESH, DANBURY  
THOMAS VAIL, DANBURY  
JOHN WESELCOUCH, FAIRFIELD  
DEVIN HANRAHAN, STAPLES

### 2003-04 FIRST TEAM

TYLER LONSDALE, STAPLES  
CHASE PIZZONIA, DARIEN  
MATHEW BACH, DANBURY  
THOMAS VAIL, DANBURY  
GRAHAM SNOW, DANBURY  
JESSE KEARNS, RIDGEFIELD  
GRAHAM WILLIAMS, WILTON  
JEFFREY COHEN, DANBURY  
P.J. MOFFAT, RIDGEFIELD  
FILIPE CUOTO, DARIEN  
JEREMY SLOAN, RIDGEFIELD  
MARTY GENNUSA, RIDGEFIELD  
DEVIN HANRAHAN, DARIEN  
TOM BRILEY, DARIEN  
GARY FREILICH, WESTHILL

### 2003-04 SECOND TEAM

NICK GOODING, STAMFORD  
JOSH KEARNS, RIDGEFIELD  
BRIAN LLOYD, DARIEN  
JOSH BARBARA, GREENWICH  
MATTHEW MCNEES, STAPLES  
JAMES SLATTERY, NEW CANAAN  
DANNY ABRANTES, DANBURY  
SCOTT WARREN, FAIRFIELD  
MIKE MAY, DARIEN  
MATT FUENTES, WILTON

### 2004-05 FIRST TEAM

JAMES WYPER, DARIEN  
JOSH KEARNS, RIDGEFIELD  
CAMERON MARANTZ, STAPLES  
MATT FUENTES, WILTON

## FCIAC CROSS COUNTRY (BOYS)

### 2004-05 FIRST TEAM (CONT)

PJ MOFFAT, RIDGEFIELD  
DOUG WRIGHT, DARIEN  
MARTY GENNUSA, RIDGEFIELD  
JORDAN LYSENKO, NEW CANAAN  
REMI-ALAIN RAY, STAPLES  
MATT TERRY, DANBURY  
JOSH DOYING, DARIEN  
HAMILTON, KIBBE, NORWALK  
JOSH BARBARA, GREENWICH  
BRENDAN RICKERT, DANBURY  
ANDREW SCHLEMMER, DANBURY

### 2005-06 FIRST TEAM

JOSH KEARNS, RIDGEFIELD  
MATT TERRY, DANBURY  
JAMES WYPER, DARIEN  
WILLIE AHEARN, DANBURY  
BRENDAN RICKERT, DANBURY  
JEFF RAGGAZZINI, WILTON  
REMI RAY, STAPLES  
KELLEN QUIGLEY, RIDGEFIELD  
DOUG WRIGHT, DARIEN  
JORDAN LYSENKI, NEW CANAAN  
JUSTIN RAY, GREENWICH  
BRADY BECKER, DANBURY  
LUCAS FUENTES, WILTON  
DANIEL ROBB, WARDE  
MATT KANE, WARDE

### 2006-07 FIRST TEAM

MATT KANE, WARDE  
JEFF RAGAZZINI, WILTON  
JOEY BUBNIAK, DANBURY  
JUSTIN RAU, DANBURY  
BRADY BECKER, DANBURY  
PARKER BOUDREAU, DANBURY  
RICARDO BALMASEDA, DANBURY  
TUCKER SCHAEFER, DANBURY  
LUCAS FUENTES, WILTON  
DOUGLAS WRIGHT, DARIEN  
JAMES GREBEY, WESTHILL  
MIKE RALABATE, ST. JOSEPH  
TYLER PRINCE, STAPLES  
ARTEM SKOBREV, DARIEN  
NISHAN RAJARATNAM, RIDGEFIELD

### 2007-08 FIRST TEAM

MATT KANE, WARDE  
PETER JANKOVSKY, WESTHILL  
MATT TERRY, DANBURY

### 2007-08 FIRST TEAM (CONT)

ARTEM SKOBREV, DARIEN  
WILLIE AHEARN, DANBURY  
JOEY BUBNIAK, DANBURY  
TUCKER SCHAEFER, DANBURY  
JUSTIN RAU, DANBURY  
REED BRATCHES, NEW CANAAN  
DOUGLAS WRIGHT, DARIEN  
MATT OAKES, RIDGEFIELD  
BRYAN STEPHEN, WARDE  
KEVIN RUSSELL, DANBURY  
ALEX PETERSON, STAPLES  
LOGAN HOHS, DARIEN

### 2007-08 SECOND TEAM

DAVID ZIMMERMAN, DANBURY  
MICHAEL IGNATOWICH, RIDGEFIELD  
CHRISTOPHER ESPOSITO, STAPLES  
KEVIN SOUSA, DARIEN  
JEFF WAGNER, NORWALK  
WILDENS FILS, WESTHILL  
JUSTIN TUFARIELLO, RIDGEFIELD  
ANDREW ERSKINE, WESTHILL  
ZACH MARCUS, RIDGEFIELD  
SAM PARTON, WARDE  
ADRIAN AMBROSE, TRUMBULL  
MATT MARRIOTT, STAPLES  
KRISTIAN OTTEN, WARDE  
NICK NELSON, RIDGEFIELD  
RICHIE HUME, RIDGEFIELD

### 2008-2009 FIRST TEAM

ARTEM SKOBREV, DARIEN  
TUCKER SCHAEFER, DANBURY  
JOEY BUBNIAK, DANBURY  
KEVIN RUSSELL, DANBURY  
LEVI WALLACE, DANBURY  
JULIAN SAAD, TRUMBULL  
REED BRATCHES, NEW CANAAN  
CHRISTIAN KEARNS, RIDGEFIELD  
CHRIS PRISTOURIS, DANBURY  
MICHAEL IGNATOWICH, RIDGEFIELD  
RICHIE HUME, RIDGEFIELD  
BRYAN STEPHAN, WARDE  
ANDREW ERSKINE, WESTHILL  
SAM WELLER, STAPLES  
SAM PARTON, WARDE

### 2008-09 SECOND TEAM

JAKE MCCAULEY, DARIEN  
JACK ROCHE, STAPLES

## FCIAC CROSS COUNTRY (BOYS)

### 2008-09 SECOND TEAM (CONT)

MATT MARRIOTT, STAPLES  
MIKE ROBB, WARDE  
KEVIN SOUSA, DARIEN  
DAN PROSPECT, WILTON  
ALEX REYNOSO, DARIEN  
ROBERT HENDRICKSON, DARIEN  
RAYMOND CROUCH, DANBURY  
MATTHEW KAESTLI, STAPLES  
NICK SYKES, NEW CANAAN  
TOMMY WEEKS, RIDGEFIELD  
DAVID MORTNER, STAPLES  
WILLIAM NEWBERRY, GREENWICH  
JOHN CONLEY, DARIEN

### 2009-2010 FIRST TEAM

RICHIE HUME, RIDGEFIELD  
JAKE MCCAULEY, DARIEN  
ALEX LEVINE, DANBURY  
JOHN CONLEY, DARIEN  
CHRISTIAN KEARNS, RIDGEFIELD  
SAM PARTON, WARDE  
RYAN POLO, RIDGEFIELD  
ALEX REYNOSO, DARIEN  
MIKE ROBB, WARDE  
THOMAS MOORE, DANBURY  
JACK ROCHE, STAPLES  
RAYMOND CROUCH, DANBURY  
BEN ALDRICH, STAPLES  
JONATHAN FOSTER, STAPLES  
ALEX SPINU, NEW CANAAN

### 2009-10 SECOND TEAM

NICHOLAS CARLSON, DANBURY  
SAM ZORFAS, STAPLES  
TREVOR MACLEAN, STAPLES  
DAN RONAN, DANBURY  
TIM BECKER, WILTON  
RYAN WARKENTIN, LUDLOWE  
WILLIAM SANDBERG, DARIEN  
CHRIS MADAFFARI, MCMAHON  
BRANT HOFFMAN, NEW CANAAN  
VICTOR DAHL, GREENWICH  
CARL LOUIS, MCMAHON  
MIKE RAVERT, RIDGEFIELD  
CHASE TAGEN, STAPLES  
CHARLIE BAIRD, DARIEN  
MICHAEL JOHNSTON, DARIEN

### 2010-11 FIRST TEAM

ALEX LEVINE, DANBURY  
HARRY WARNICK, WARDE  
THOMAS MOORE, DANBURY  
JOHN CONLEY, DARIEN  
NICHOLAS CARLSEN, DANBURY  
BEN ALDRICH, STAPLES  
CHARLIE BAIRD, DARIEN  
VICTOR DAHL, GREENWICH  
CHRIS MADAFFARI, MCMAHON  
MICHAEL JOHNSTON, DARIEN  
ALEX SPINU, NEW CANAAN  
DAN RONAN, DANBURY  
MIKE FRASCO, LUDLOWE  
MATT GENTILE, DARIEN  
DAVID WATSON, DARIEN

### 2010-11 SECOND TEAM

MICHAEL COE, DARIEN  
GREG AZEVEDO, DANBURY  
MIKE CORASANITI, NORWALK  
DANNY PROSPECT, WILTON  
MIKE RAVERT, RIDGEFIELD  
JACK ROCHE, STAPLES  
NICK GANS, WARDE  
MATT CASWELL, WILTON  
KEVIN FORD, RIDGEFIELD  
KENTARO HIGUCHI, STAPLES  
JACK WHITE, LUDLOWE  
PATRICK HEALEY, DANBURY  
ALEX ULLMAN, WARDE  
PATRICK DALY, NEW CANAAN  
ROBERT THOTTAM, LUDLOWE

### 2011-12 FIRST TEAM

HENRY WYNNE, STAPLES  
HARRY WARNICK, WARDE  
THOMAS MOORE, DANBURY  
NICHOLAS CARLSEN, DANBURY  
CHRIS MADAFFARI, MCMAHON  
CHARLIE BAIRD, DARIEN  
MICHAEL JOHNSTON, DARIEN  
MIKOLAJ KULIS, STAPLES  
SAM LAGASSE, WESTHILL  
MARSHALL HUFFMAN, DARIEN  
NICK LASKOS, TRUMBULL  
MICKEY KOSAK, DANBURY  
PATRICK NOLAN, STAPLES  
ALEX OSTBERG, DARIEN  
MARCUS RUSSI, STAPLES

## FCIAC CROSS COUNTRY (BOYS)

### 2011-12 SECOND TEAM

JACK WHITE, LUDLOWE  
PATRICK HEALEY, DANBURY  
JAMES QUINTANILLA, DANBURY  
AUSTIN HELD, TRUMBULL  
CLINT CORSO, RIDGEFIELD  
ALEXEI SPINU, NEW CANAAN  
BLAKE LIEBING, RIDGEFIELD  
PETER KREUCH, DARIEN  
KEVIN FORD, RIDGEFIELD  
MALCOLM CONNOR, TRUMBULL  
ELI CONVERSE, DARIEN  
EDWIN ROSALES, NORWALK  
TREVOR HOPPER, RIDGEFIELD  
MICHAEL COE, DARIEN  
KRISTIAN SOGAARD, RIDGEFIELD

### 2012-13 FIRST TEAM

HENRY WYNNE, STAPLES  
TREVOR HOPPER, RIDGEFIELD  
SPENCER BROWN, WILTON  
NICHOLAS CARLSEN, DANBURY  
KRISTIAN SOGAARD, RIDGEFIELD  
MICKEY KOZAK, DANBURY  
MARSHALL HUFFMAN, DARIEN  
PATRICK NOLAN, STAPLES  
COLTEN APPLEBY, DARIEN  
PATRICK HEALEY, DANBURY  
ALEX OSTBERG, DARIEN  
AIDAN FIOL, WARDE  
NICK GANS, WARDE  
OLIVER HICKSON, STAPLES  
SAMUEL COHEN, STAPLES

### 2012-13 SECOND TEAM

JAMES QUINTANILLA, DANBURY  
ZACHARY STEMPLE, DANBURY  
CLINT CORSO, RIDGEFIELD  
RYAN FOX, DANBURY  
CONNOR O'DAY, WARDE  
BEN OLSEN, DARIEN  
RYAN ANSEL, DANBURY  
EZEQUIEL RODRIQUEZ, NORWALK  
PETER KREUCH, DARIEN  
RAMI MOHAMED, TRUMBULL  
MCCALL KELLER, RIDGEFIELD  
BRIAN DAVEY, DARIEN  
AUSTIN HELD, TRUMBULL  
STEVEN IGNATOWICH, RIDGEFIELD  
PETER ELKIND, STAPLES

### 2013-14 FIRST TEAM

TREVOR HOPPER, RIDGEFIELD  
ALEX OSTBERG, DARIEN  
WILL BORDASH, RIDGEFIELD  
ERIC VAN DER ELS, MCMAHON  
AUSTIN GILBERT, RIDGEFIELD  
OLIVER HICKSON, STAPLES  
COREY MULLINS, DANBURY  
KRISTIAN SOGAARD, RIDGEFIELD  
ARMSTRONG NOONAN, DARIEN  
GABE ALTOPP, RIDGEFIELD  
COLTEN APPLEBY, DARIEN  
AIDAN FIOL, WARDE  
PETER ELKIND, STAPLES  
RYAN ANSEL, DANBURY  
CHASE GORNBEIN, STAPLES

### 2013-14 SECOND TEAM

SPENCER LYMAN, NEW CANAAN  
BRIAN DAVEY, DARIEN  
EZEQUIEL RODRIQUEZ, NORWALK  
JAKE BERMAN, STAPLES  
MARSHALL HUFFMAN, DARIEN  
JAMES MAS, ST. JOSEPH  
KYLE O'BRIEN, DANBURY  
CLINT CORSO, RIDGEFIELD  
MARK JAROMBK, GREENWICH  
MICKEY KOZAK, DANBURY  
PETER KREUCH, DARIEN  
NICK GANS, WARDE  
ALEX ELLSWORTH, NEW CANAAN  
BEN OLSEN, DARIEN  
GILMAR BARRIOS, STAMFORD

### 2014-15 FIRST TEAM

ALEX OSTBERG, DARIEN  
SPENCER BROWN, WILTON  
ARMSTRONG NOONAN, DARIEN  
GABRIEL ALTOPP, RIDGEFIELD  
ERIC VAN DER ELS, MCMAHON  
OLIVER HICKSON, STAPLES  
KRISTIAN SOGAARD, RIDGEFIELD  
ERIC WATERMAN, DANBURY  
RYAN ANSEL, DANBURY  
WILLIAM BRISMAN, STAPLES  
JAKE BERMAN, STAPLES  
JAMES MAS, ST. JOSEPH  
JAMES LEWIS, STAPLES  
RYAN FOX, DANBURY  
COREY MULLINS, DANBURY

## FCIAC CROSS COUNTRY (BOYS)

### 2014-15 SECOND TEAM

BRANDON HARRINGTON, STAPLES  
JACK ADAMSKI, DANBURY  
BENJAMIN FOSTER, STAPLES  
IAN MICKOOL, RIDGEFIELD  
ALEX ELLSWORTH, NEW CANAAN  
NICHOLAS GREW, TRUMBULL  
AJAX DIAMANDIS, MCMAHON  
ANDREW KATES, GREENWICH  
TIM MOORE, DANBURY  
SPENCER LYMAN, NEW CANAAN  
ARTHUR CASSIDY, DARIEN  
TERRELL CUNNINGHAM, DANBURY  
ETHAN REALANDER, RIDGEFIELD  
CHARLES KIEFFER, WARDE  
BEN ERTEL, LUDLOWE

### 2015-16 FIRST TEAM

ERIC VAN DER ELS, MCMAHON  
GABRIEL ALTOPP, RIDGEFIELD  
WILLIAM BRISMAN, WARDE  
JUSTIN HOELZL, WILTON  
ZAKEER AHMAD, STAPLES  
TREVOR REED, DANBURY  
IAN MICKOOL, RIDGEFIELD  
GILMAR BARRIOS, STAMFORD  
JAMES MAS, ST. JOSEPH  
JACK ADAMSKI, DANBURY  
BENJAMIN FOSTER, STAPLES  
AARON BREENE, WILTON  
CHARLES KIEFFER, WARDE  
BRANDON HARRINGTON, STAPLES  
CHARLIE TAUBL, TRUMBULL

### 2015-16 SECOND TEAM

ANDREW KATES, GREENWICH  
TERRELL CUNNINGHAM, DANBURY  
JAKE ROBERTS, DANBURY  
SUNIL GREEN, STAPLES  
DAN NICHOLS, DANBURY  
ALEX MOCARSKI, WARDE  
BRADFORD DEMASSA, RIDGEFIELD  
AJAX DIAMANDIS, MCMAHON  
TIM MOORE, DANBURY  
BENJAMIN SEIPLE, STAPLES  
CHRIS ALEGI, TRUMBULL  
JAMES LEWIS, STAPLES  
JACKSON STEARNS, WARDE  
PEDRO PEREIRA, DANBURY  
ALEX KLARER, DARIEN

### 2016-17 FIRST TEAM

ZAKEER AHMAD, STAPLES  
WILLIAM BRISMAN, WARDE  
TERRELL CUNNINGHAM, DANBURY  
WILLIAM LANDOWNE, STAPLES  
CHRISTIAN MYERS, STAPLES  
BENJAMIN SEIPLE, STAPLES  
CHARLIE TAUBL, TRUMBULL  
BRADFORD DEMASSA, RIDGEFIELD  
ALEX KLARER, DARIEN  
BRADLEY FOX, DANBURY  
SUNIL GREEN, STAPLES  
JAMES JOHNSON, DARIEN  
JAMES MANISCALCO, WARDE  
TYLER GRANJA, DANBURY  
DAN NICHOLS, DANBURY

### 2016-17 SECOND TEAM

TYLER RUBUSH, TRUMBULL  
MAX KOSCHNITZKE, NEW CANAAN  
BRIAN MACCORDY, STAPLES  
PEDRO PEREIRA, DANBURY  
JIMMY CONROY, DARIEN  
TYLER GLEEN, TRUMBULL  
SPENCER MEAD, DANBURY  
TY HOWLEY, RIDGEFIELD  
DANNY JAGOE, WARDE  
HENRY HAAS, STAPLES  
CHRIS ALEGI, TRUMBULL  
TREVOR ROCHELLE, TRUMBULL  
ALEX MOCARSKI, WARDE  
ALEXANDER URBACHN, NEW CANAAN  
MICHAEL ST. GEORGE, NEW CANAAN

### 2017-18 FIRST TEAM

BENJAMIN SEIPLE, STAPLES  
WILLIAM LANDOWNE, STAPLES  
CHRISTIAN MYERS, STAPLES  
ALEX MOCARSKI, WARDE  
JAMES MANISCALCO, WARDE  
MAX KOSCHNITZKE, NEW CANAAN  
MOAH IGRAM, WARDE  
TYLER RUBUSH, TRUMBULL  
DANNY JAGOE, WARDE  
MATHEW BURKE, DANBURY  
KABIR CHAVAN, LUDLOWE  
AUSTIN HUTCHENS, WARDE  
MAYO SMITH, STAPLES  
NICHOLAS TAUBENHEIM, STAPLES  
DAN NICHOLS, DANBURY

## FCIAC CROSS COUNTRY (BOYS)

### 2017-18 SECOND TEAM

CHRISTOPHER LEPORE, TRUMBULL  
TYLER WRIGHT, STAPLES  
SUNIL GREEN, STAPLES  
ARMANDO ULAJ, TRUMBULL  
ALEXANDER URBAHN, NEW CANAAN  
CONRAD KAPLAN, STAPLES  
GRIFFIN OTT, DARIEN  
ANDREW MALLING, NEW CANAAN  
RYAN CALDWELL, DANBURY  
DANNY SACHS, WESTHILL  
ALEXANDER KOSYAKOV, GREENWICH  
CEM GERAY, NEW CANAAN  
GEORGIOS KARAKADAS, GREENWICH  
JACK O'KEEFE, DARIEN  
JAMES DUBREUIL, TRUMBULL

### 2018-19 FIRST TEAM

ANDREW MALLING, NEW CANAAN  
DYLAN POMER, WARDE  
CHRISTOPHER LEPORE, TRUMBULL  
MORGAN FIERRO, STAPLES  
NICHOLAS TAUBENHEIM, STAPLES  
MAYO SMITH, STAPLES  
KABIR CHAVAN, LUDLOWE  
JACK WATSON, DANBURY  
MALCOLM GOING, DANBURY  
HENRY HAAS, STAPLES  
JACOB HEFELE, DANBURY  
AUSTIN HUTCHENS, WARDE  
GREGORY VOGT, WARDE  
CHARLES COFFIN, RIDGEFIELD  
RYAN CALDWELL, DANBURY

### 2018-19 SECOND TEAM

CORMAC BROWN, DARIEN  
LUKE LORENZ, STAPLES  
TEDDY O'KANE, STAPLES  
ANDREW ZUCKERMAN, STAPLES  
COLIN MCLAUGHLIN, WESTHILL  
ETHAN MACKENZIE, RIDGEFIELD  
CHARLES NAMIOT, RIDGEFIELD  
ALEXANDER BEIN, GREENWICH  
AIDAN BYRNE DANBURY  
JEREMY GARSKOF, WARDE  
SAMUEL SWEENEY, LUDLOWE  
OWEN HOPWOOD, TRUMBULL  
ETHAN LOVALLO, LUDLOWE  
JADEN LITTLE, STAPLES  
JOSEPH GREGORY, TRUMBULL

### 2018-19 FIRST TEAM

ANDREW MALLING, NEW CANAAN  
DYLAN POMER, WARDE  
CHRISTOPHER LEPORE, TRUMBULL  
MORGAN FIERRO, STAPLES  
NICHOLAS TAUBENHEIM, STAPLES  
MAYO SMITH, STAPLES  
KABIR CHAVAN, LUDLOWE  
JACK WATSON, DANBURY  
MALCOLM GOING, DANBURY  
HENRY HAAS, STAPLES  
JACOB HEFELE, DANBURY  
AUSTIN HUTCHENS, WARDE  
GREGORY VOGT, WARDE  
CHARLES COFFIN, RIDGEFIELD  
RYAN CALDWELL, DANBURY

### 2018-19 SECOND TEAM

CORMAC BROWN, DARIEN  
LUKE LORENZ, STAPLES  
TEDDY O'KANE, STAPLES  
ANDREW ZUCKERMAN, STAPLES  
COLIN MCLAUGHLIN, WESTHILL  
ETHAN MACKENZIE, RIDGEFIELD  
CHARLES NAMIOT, RIDGEFIELD  
ALEXANDER BEIN, GREENWICH  
AIDAN BYRNE, DANBURY  
JEREMY GARSKOF, WARDE  
SAMUEL SWEENEY, LUDLOWE  
OWEN HOPWOOD, TRUMBULL  
ETHAN LOVALLO, LUDLOWE  
JADEN LITTLE, STAPLES  
JOSEPH GREGORY, TRUMBULL

### 2019-20 FIRST TEAM

MORGAN FIERRO, STAPLES  
AUSTIN HUTCHENS, WARDE  
NICHOLAS TAUBENHEIM, STAPLES  
TEDDY O'KANE, STAPLES  
JACOB HEFELE, DANBURY  
GREGORY VOGT, WARDE  
COLIN MCLAUGHLIN, WESTHILL  
JACK WATSON, DANBURY  
CHARLES NAMIOT, RIDGEFIELD  
ALEXANDER BEIN, GREENWICH  
DYLAN ROSEMARK, DANBURY  
CHARLIE KING, RIDGEFIELD  
TREVOR DEMARCO, RIDGEFIELD  
SAMUEL SWEENEY, LUDLOWE  
CYRUS ASGARI, TRUMBULL

## **FCIAC CROSS COUNTRY (BOYS)**

### **2019-20 SECOND TEAM**

VARUJAN EDWARDS, TRUMBULL  
GEORGE LEPSKA, STAPLES  
NATHAN CRAMER, LUDLOWE  
ETHAN SNYDER, RIDGEFIELD  
MAX SOD, STAPLES  
ZACHARY TAUBMAN, STAPLES  
NICHOLAS KLAIBER, TRUMBULL  
DILLON HARDING, STAPLES  
JADEN LITTLE, STAPLES  
LIAM CARCICH, RIDGEFIELD  
JOSEPH GREGORY, TRUMBULL  
JON-PAUL KARPf, RIDGEFIELD  
ZACHARY JELINEK, GREENWICH  
CHAZ DELLACORTE, RIDGEFIELD  
DANIEL SORIAL, STAMFORD

### **PANDEMIC YEAR ALL REGION TEAMS:**

#### **2020-21 ALL EAST**

NATHAN CRAMER, LUDLOWE  
JOSEPH GREGORY, TRUMBULL  
JOSEPH CALLANAN, WARDE  
ETHAN CARTY, LUDLOWE  
ETHAN KOHN, WARDE  
BRONSON VO, TRUMBULL  
MOHAMMED ABUNAR, TRUMBULL  
GRIFFIN BOYLE, LUDLOWE  
DAVID CARILLO, TRUMBULL  
ELLIOTT BELLO, TRUMBULL  
ANTHONY GAMBUTTA, WARDE  
ELLIOTT SCHUNK, WARDE  
RYAN HASS, TRUMBULL  
DEVIN FERREIRA, TRUMBULL  
ZANDER EGERVARI, WARDE

#### **2020-21 ALL CENTRAL**

CHARLIE KING, RIDGEFIELD  
CHARLES NAMIOT, RIDGEFIELD  
DAVIS COTE, WILTON  
DILLON HARDING, STAPLES  
LIAM CARCICH, RIDGEFIELD  
JONATHAN LORENZ, STAPLES  
BENJAMIN MICKOOL, RIDGEFIELD  
MATTHEW MCDONOUGH, RIDGEFIELD  
ZACHARY TAUBMAN, STAPLES  
RILEY COURTNEY, RIDGEFIELD  
MATTHEW MCCORMICK, WILTON  
MICHAEL BYRNES, WILTON  
GEORGE LEPSKA, STAPLES  
ALEX HARRINGTON, STAPLES

#### **2020-21 ALL WEST**

COLIN MCLAUGHLIN, WESTHILL

### **2020-21 ALL WEST (CONT)**

LUCA PALAMENTI, NEW CANAAN  
LUCAS MADARIAGA, DARIEN  
EVAN O'ROURKE, DARIEN  
ALESSANDRO MALOGOLI, NEW CANAAN  
DAVID LEVINE, GREENWICH  
LUKE RIORDAN, DARIEN  
ERIK LOPEZ, WESTHILL  
TUCKER HEALY, WESTHILL  
CHRISTIAN ZAWISLACK, GREENWICH  
ANDREW HICKS, WESTHILL  
TOMMY TOWERS, NEW CANAAN  
AJAMO CARRABY-JONES, NEW CANAAN  
JACOB KOZAR, NEW CANAAN  
ALBERT CARRENO, DARIEN

### **2021-22 FIRST TEAM**

NATHAN CRAMER, LUDLOWE  
ZACHARY TAUBMAN, STAPLES  
MATTHEW MCDONOUGH, RIDGEFIELD  
MOHAMMED ABUNAR, TRUMBULL  
STEVEN HERGENROTHER, RIDGEFIELD  
JACK DOVARAS, RIDGEFIELD  
MICHAEL BYRNES, WILTON  
JALEN ST. FORT, STAPLES  
BENJAMIN MICKOOL, RIDGEFIELD  
JOSEPH CALLANAN, WARDE  
ZACHARY JELINEK, GREENWICH  
EVAN O'ROURKE, DARIEN  
BRONSON VO, TRUMBULL  
HENRI VIELTOJARVI, RIDGEFIELD  
BENJAMIN LORENZ, STAPLES

### **2021-22 SECOND TEAM**

ETHAN CARTY, LUDLOWE  
CHRISTIAN ZAWISLACK, GREENWICH  
PARKER BRODERICK, WARDE  
RYAN SCAPPATICCI, DANBURY  
GRIFFIN BLOOD, RIDGEFIELD  
ALEX HARRINGTON, STAPLES  
NICK YOO, DARIEN  
JAMES CUNNINGHAM, WARDE  
THOMAS SKELTON, DARIEN  
QUINN COLLINS, GREENWICH  
LIAM EDSON, RIDGEFIELD  
DEVON ROSEMARK, DANBURY  
DANIEL GOLDBERG, WESTHILL  
GEORGE KOCADAG, STAPLES  
MALCOLM MCCORMICK, WILTON