

FIELD HOCKEY

Revised August 2020 due to COVID-19

I. RULES

A. CIAC

1. Opening date of practice determined by CIAC.
2. Date of first game is determined by CIAC.
3. National Federation Rules and CIAC Tournament rules are followed for all games.
4. Limit of games to be scheduled per week is 2, with exception of make-ups

B. FCIAC

1. Benches shall be placed 10 yards from touchlines for competing teams. Wherever possible these should be on the same side of the field where game timing of the game is done. Benches must be on the opposite side of the field from the spectator seating
2. Games postponed by weather and/or field conditions will be made up on the next common open date, provided officials are available.
3. Starting time for varsity games will be determined by AD's
4. Varsity games are played in (2) 30-minute halves, JV and freshmen in (2) 25-minute halves.
5. Schools are required to have an adult scorekeeper and an adult timer at all scheduled league games.
6. No player may play in more than two (2) halves of field hockey in any 1 day. No starter of the varsity game is eligible to play in the JV game. EXCEPTION: Goalkeeper, if no other is available due to injury to JV goalkeeper during the JV game.
7. Home teams will wear white/light shirts and socks; visitors will wear dark shirts and socks.

II. DETERMINING SCHEDULE

- A. Due to the COVID-19 Pandemic the schedules for this season are being done with the same schools staying within the same regions for all sports to minimize the need for quarantine should there be an outbreak from an athletic team or school. These schedules will be finalized and sent out the week of September 7 once all schools are confirmed to be participating.

III. POST SEASON TOURNAMENT

- A. Set up of regional tournaments will be determined once the teams competing are finalized. There will not be any cross region playoffs.

IV. OFFICIALS

- A. Rated officials are to be used if possible in varsity games.
- B. FCIAC assignor will assign officials for all varsity and JV games.

V. AWARDS

- A. The Eastern, Central and Western regional champions shall be awarded an FCIAC regional trophy.
- B. Selection of the All-Regional teams shall be determined at the end of the season.