

LACROSSE
BOYS AND GIRLS
(updated 3/7/23)

I. RULES

A. CIAC

1. Opening date of practice is determined by CIAC
2. Maximum number of games per season is 16 exclusive of CIAC Tournament play, conference or conference-sponsored and administered playoff games and alumni games
3. Limit of games per week is 2, although teams are permitted to schedule and play three (3) games per week (4) four times during the regular season.
4. No jamboree may be played until a team has had at least 7 days of practice. A jamboree is a contest among three or more teams in which no team may play more than the equivalent of the regulation time established for the sport, and no team may participate against the same opponent for more than one half of the normal regulation time established for the sport. See CIAC sections 5.5j for more details
5. No scrimmage or other contest for which admission is charged shall be held prior to the permissible opening date for a game

B. FCIAC

1. A postponed game will be made up on the next mutual open date when home facilities are available.
2. The official starting times for varsity games are 4:00 PM. Schools may, by mutual consent, move off these official times.
3. All conference games will be played according to Federation Rules.
4. Boys play 12-minute quarters (varsity), 10 minute quarters (sub-varsity)
5. Girls play 25-minute halves (all levels)
6. The home team must provide an adult timer

II. DETERMINING SCHEDULE

- A. Make-up of the divisions will be determined by the Constitution – Article IV, Section 1
- B. The chairman of the lacrosse committee and the FCIAC Commissioner will draw up the schedule and submit it to the lacrosse committee for approval so that it may be included in the yearly report of the committee.

III. DETERMINATION OF A CHAMPION

- A. With the new schedule, for both boys and girls, tier I teams play 8 league games and tier II teams play 10 league games. All tier I teams qualify for the league playoffs seeded by their 8 leagues game played and top two tier two teams based on 10 league games played will be seeded in the 7th and 8th spots. All league games must be played or the team declaring the cancellation shall lose by default
- B. Tournament: 8 team tournament, rank order #1 to 8 by record (see IV below), #8 plays @ #1, #7 plays @ #2, #6 plays @ #3, #5 plays @ #4. The semi-finals and finals follow at a predetermined site.
- C. The highest remaining seed after the quarterfinals will have the option to play in the first or second game of the semi-finals.

IV. TOURNAMENT – 8 TEAM TOURNAMENT

- A. Resolving a tie between 2 teams

- a. Competition with each other
 - i. If game won by one team they are the higher seed.
- B. Resolving ties in points between 3 or more teams
 - a. If one team defeated all other teams, they will be seeded highest
 - b. If two teams remain they will be ranked by competition with each other (see a. above)
 - c. If not resolved by (a.) then
 - i. all teams in the league are placed in rank order
 - ii. team which defeated the highest seeded team will be seeded highest of the teams in the tie.
 - iii. If number is now reduced to two team, team winning the game between the two teams is seeded next highest
 - iv. If a tie can still not be broken a coin flip will be used to determine the rank order for the playoffs which could include eliminating a team from the top 8.
 - 1. Once a team is eliminated from a three way tie you go back to (A.) to determine further order.
 - v. This procedure is also used to determine division champion

V. OVERTIME FORMAT

- A. Regular Season (league games): Sudden victory - three minute periods until game has a winner
- B. FCIAC Playoffs: Three minute periods – sudden victory until game has a winner

VI. OFFICIALS

- A. Assigning Commissioner Duties
 - 1. Assign officials for all varsity, JV and freshman games
 - 2. Send final game notices to schools and officials
 - 3. When necessary, send periodic bulletins to schools and officials
 - 4. Evaluate officials
- B. Two officials must be used in all varsity contests. Where one official works a varsity contest alone because of the failure of a scheduled official to report to the game, he/she shall be paid in accordance with the fee agreements in force between the Commissioner and the FCIAC
- C. Tournament Officials: Each coach participating in the FCIAC Tournament will submit a list of officials he/she would like to work the FCIAC playoff games

VII. AWARDS

- A. An FCIAC Championship Plaque and an FCIAC Runner-up Trophy will be presented at the conclusion of the Championship Tournament Game.
- B. An MVP Tournament trophy will be awarded at the conclusion of the tournament. The selection committee will consist of FCIAC coaches on non-tournament teams who are present at the tournament.
- C. Medals will be awarded to each member of the Championship Team. A team will receive a total of 35 medals.

VIII. ALL-CONFERENCE TEAM

- A. The lacrosse committee will establish an All-Conference Team format and selection procedure prior to the start of the season.