

FOOTBALL

Revised August 2023

I. RULES

A. CIAC

1. The FCIAC follows all CIAC and National Federation Rules pertaining to High School Football

B. FCIAC

1. The football scoreboard clock is the official time.
2. The football timer need not be a football official; however, he must be an adult.
3. Half time shall be twenty (20) minutes unless mutually agreed to change the length of half time.
4. The Varsity squad will be made up of Seniors, Juniors, Sophomores, and Freshmen. The Sophomore squad will be made up of Sophomores and Freshmen. The Freshmen squad will be made of Freshmen only. Special requests can be honored.
 - a. No Seniors shall be on the JV squad. No Juniors shall be on the Sophomore squad. No Sophomores shall be on the Freshmen squad. Any underclassmen can move up the scale.
 - b. In the event that any circumstances should arise that would necessitate division from this procedure, the two coaches should be in agreement prior to the playing date.
5. That a three-foot sideline be used where possible, separating the area with a broken line distinguishing it from the football field sideline. The separation need not be of contrasting colors.
6. Only coaches, school officials, athletic trainers, doctors, EMT's, photographers and anyone assigned by the school for supervision will be allowed on the sideline. **Alumni players, parents and booster club personnel are not permitted on the sidelines of either school participating.** Sideline passes may be given out to both sidelines by the host AD if they would like to.

II. DETERMINING SCHEDULE

- A. Make-up of the divisions will be as determined by the Board of Directors, Article IV, Section 1.

WEST DIVISION: Danbury, Greenwich, Ridgefield, St. Joseph, Stamford, Staples, Trumbull, Westhill

EAST DIVISION: Central, Brien McMahon, Darien, Fairfield Ludlowe, Fairfield Warde, New Canaan, Norwalk, Wilton

III. CRITERIA FOR DETERMINING THE DIVISION WINNERS

- A. Team with best record in FCIAC competition.
- B. If division teams are tied, the winner of head to head competition shall be declared the division champion.
- C. If head to head competition is not applicable, then move to Power Point formula as used by the CIAC.
- D. Point System –
 1. The point system should be the same as the point system used by the CIAC.
 2. The total points received shall be divided by the number of games played.

3. The team with the greatest number of points shall be declared the division winner.

IV. FCIAC CHAMPIONSHIP

A. With the CIAC still limiting the total contests played in a season to 10 it prevents the FCIAC from playing a championship game. The two division winners will be presented with division championship trophies.

V. OFFICIALS

A. Football officials are assigned by the Conference Commissioner for all FCIAC contests. The Commissioner works closely with the Fairfield County Officials Organization.

VI. NON-VARSITY GAMES

A. The JV schedule will be opposite the site of the Varsity schedule. Games will be played on Saturday or Monday following the Varsity contest.

B. Freshman games shall precede the Varsity Game, scheduled on Thursday at the site of the varsity game. Sophomore and JV games will be played with a 10-minute half time and 10-minute quarters.

C. It is recommended that the home team provide a clock operator to work in conjunction with the officials.

D. The home team shall provide a doctor, EMT or school nurse and an ambulance is recommended.

VII. HEALTH AND SAFETY

A. The home team will have a doctor present at all scheduled Varsity contests.

VIII. AWARDS

A. Trophies shall be awarded to divisional winners.

IX. SCOUTING

A. Scouting is limited to regularly scheduled games only.

X. FILMS

A. Free exchange of regular season game films is permitted.

B. Video Scouting is allowed.

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