

FCIAC CROSS COUNTRY (BOYS)

<u>YEAR</u>	<u>EAST</u>	<u>WEST</u>	<u>CENTRAL</u>	<u>CHAMPION</u>	<u>RUNNER-UP</u>
1961-62		DANBURY			
1962-63		NEW CANAAN			
1963-64		RIPPOWAM			
1964-65		NEW CANAAN			
1965-66		RIPPOWAM			
1966-67		RIPPOWAM			
1967-68	NEW CANAAN	STAPLES		STAPLES	
1968-69	LUDLOWE	DANBURY		STAPLES	
1969-70	DARIEN	STAPLES		STAPLES	
1970-71	NEW CANAAN	GREENWICH		DARIEN	
1971-72	DARIEN	GREENWICH		GREENWICH	
1972-73	NEW CANAAN	DANBURY		GREENWICH	
1973-74	NEW CANAAN	GREENWICH		NEW CANAAN	
1974-75	NEW CANAAN	STAMFORD		STAMFORD	
1975-76	NEW CANAAN	GREENWICH		NEW CANAAN	
1976-77	RIDGEFIELD- TIE STAPLES	GREENWICH		GREENWICH	
1977-78	STAPLES	GREENWICH		STAPLES	
1978-79	NEW CANAAN	DANBURY		NEW CANAAN	
1979-80	NEW CANAAN	DANBURY		NEW CANAAN	DANBURY
1980-81	STAPLES	WESTHILL		WARDE	
1981-82	STAPLES	DANBURY		TRUMBULL	
1982-83	LUDLOWE	GREENWICH		LUDLOWE	STAPLES
1983-84	LUDLOWE	GREENWICH		NEW CANAAN	RIDGEFIELD
1984-85	RIDGEFIELD	DANBURY		RIDGEFIELD	NEW CANAAN
1985-86	RIDGEFIELD	WESTHILL		RIDGEFIELD	STAPLES
1986-87	STAPLES	GREENWICH		STAPLES	FAIRFIELD
1987-88	STAPLES	WESTHILL		STAPLES	FAIRFIELD
1988-89	STAPLES	STAMFORD		STAPLES	STAMFORD
1989-90	STAPLES	GREENWICH		STAPLES	GREENWICH
1990-91	STAPLES			STAPLES	
1991-92	STAPLES	GREENWICH		DANBURY	
1992-93	STAPLES	DANBURY		DANBURY	STAPLES
1993-94	DANBURY	RIDGEFIELD		DANBURY	
1994-95	WILTON	DANBURY	STAPLES	DANBURY	FAIRFIELD
1995-96	WILTON	DANBURY	RIDGEFIELD	DANBURY	TRUMBULL
1996-97	NEW CANAAN	DANBURY	RIDGEFIELD	DANBURY	RIDGEFIELD
1997-98	NEW CANAAN	FAIRFIELD	RIDGEFIELD	RIDGEFIELD	DANBURY
1998-99	NEW CANAAN	FAIRFIELD	RIDGEFIELD	RIDGEFIELD	FAIRFIELD
1999-99	NEW CANAAN	DANBURY	RIDGEFIELD	DANBURY	FAIRFIELD
2000-01	DARIEN	DANBURY	RIDGEFIELD	DANBURY	RIDGEFIELD
2001-02	DARIEN	DANBURY	RIDGEFIELD	DANBURY	RIDGEFIELD
2002-03	DARIEN	DANBURY	STAPLES	DANBURY	STAPLES
2003-04	DARIEN	DANBURY	RIDGEFIELD	DANBURY	RIDGEFIELD
2004-05	DARIEN	DANBURY	STAPLES	STAPLES	RIDGEFIELD
2005-06	DARIEN	WARDE	STAPLES	DANBURY	DARIEN
2006-07	NEW CANAAN	DANBURY	RIDGEFIELD	DANBURY	DARIEN
2007-08	DARIEN	DANBURY	RIDGEFIELD	DANBURY	DARIEN
2008-09	DARIEN	DANBURY	RIDGEFIELD	DANBURY	DARIEN
2009-10	DARIEN	DANBURY	LUDLOWE	DANBURY	DARIEN
20010-11	DARIEN	DANBURY	LUDLOWE	DANBURY	DARIEN
2011-12	DARIEN	DANBURY	RIDGEFIELD	DANBURY	DARIEN

FCIAC CROSS COUNTRY (BOYS)

<u>YEAR</u>	<u>EAST</u>	<u>WEST</u>	<u>CENTRAL</u>	<u>CHAMPION</u>	<u>RUNNER-UP</u>
2012-13	DARIEN	DANBURY	RIDGEFIELD	DANBURY	STAPLES
2013-14	DARIEN	DANBURY	RIDGEFIELD	RIDGEFIELD	DARIEN
2014-15	DARIEN	DANBURY	STAPLES	DANBURY	STAPLES
2015-16	DARIEN	STAPLES		DANBURY	STAPLES
2016-17	FAIRFIELD WARDE	STAPLES		STAPLES	DANBURY
2017-18	FAIRFIELD WARDE	STAPLES		STAPLES	WARDE
2018-19	FAIRFIELD WARDE	STAPLES		STAPLES	DANBURY
2019-20	FFLD. LUDLOWE	STAPLES		STAPLES	RIDGEFIELD
YEAR OF COVID PANDEMIC					
2020-21	TRUMBULL	DARIEN	RIDGEFIELD	REGULAR SEASON	
2020-21	TRUMBULL	DARIEN	RIDGEFIELD	TOURNAMENT CHAMPION	
2021-22	DARIEN	STAPLES		RIDGEFIELD	STAPLES
2022-23	WARDE	STAPLES		DANBURY	STAPLES
2023-24	WARDE	STAPLES		RIDGEFIELD	DANBURY

FCIAC CROSS COUNTRY (BOYS)

1968-69

JIM O'NEIL, LUDLOWE
JERRY GLUCKMAN, STAPLES
MIKE FAHEY, DARIEN
PETE KAVANAUGH, STAPLES
MARK GOODWIN, DANBURY
JOHN TASKER, GREENWICH
MARK CHAPLAIN, CATHOLIC

1969-70

MIKE POST, MCMAHON
BURT BOARDMAN, MCMAHON
STEVE WHEELER, STAPLES
PETE KAVANAUGH, STAPLES
JIM LOGAN, STAPLES
MIKE FAHEY, DARIEN
OLE ANDERSON, NEW CANAAN
JIM O'NEIL, LUDLOWE
KEITH LOBDELL, LUDLOWE
RUSS JEDLICKA, GREENWICH
ETIENNE PERRET, GREENWICH
RAY KELLY, DANBURY

1970-71

DAVE BRINDLEY, DARIEN
BOB TORCH, DANBURY
CHARLIE TIEDERMANN, NEW CANAAN
JEFF CASTLE, DARIEN
JOHN DAWSON, GREENWICH
GARRY BAERMAN, NEW CANAAN
DAN FRANZ, DARIEN
JOHN PERRET, GREENWICH
GREG BURNETT, LUDLOWE
BILL STALEY, WARDE
DON WARFIELD, NEW CANAAN
GUY GLOVER, RIPPOWAM

1971-72

GARRY BAERMAN, NEW CANAAN
JOHN FORAN, NEW CANAAN
ROD RAHE, DARIEN
CHRIS RINGSTON, WILTON
JOHN DAWSON, GREENWICH
RUSS JEDLICKA, GREENWICH
ETIENNE PERRET, GREENWICH
BRUCE MERRILL, STAMFORD
KEN SCHOPPMANN, TRUMBULL
STEVE SHOLTES, DANBURY
BOB TORAN, DANBURY

1972-73

JOHN FORAN, NEW CANAAN
CHRIS RINGSTON, WILTON
TOM MADDEN, NEW CANAAN
PETE MORRILL, NEW CANAAN
PETE INFANGER, WILTON
SCOTT BAKER, STAPLES
TOM LO, STAPLES
MARV BENINSON, DANBURY
RORY GOODWIN, DANBURY
STEVE SHOLTES, DANBURY
DIRK WILLIAMS, GREENWICH
MACK JOHNSON, GREENWICH
BOB BURTON, GREENWICH
SAM BASTIEN, LUDLOWE
DAVE INOUYE, RIDGEFIELD

1973-74

PETE MORRILL, NEW CANAAN
SCOTT CECIL, NEW CANAAN
MIKE COTTON, NEW CANAAN
STEVE BOND, NEW CANAAN
ROGER PHILLIPS, NEW CANAAN
BILL INFANGER, WILTON
MARK YOUNG, STAPLES
BOB BURTON, GREENWICH
DIRK WILLIAMS, GREENWICH
FRANK CARR, GREENWICH
DAVE ELIOT, GREENWICH
BILL SANDREUTER, GREENWICH
TIM DOLAN, RIDGEFIELD
TOM COOK, RIDGEFIELD
STEVE SHOLTES, DANBURY
MARION DUREN, DANBURY
GARY SHEEHAN, DANBURY
CASEY GAWLAK, STAMFORD

1974-75

BRUCE BOND, NEW CANAAN
MIKE COTTON, NEW CANAAN
ROGER PHILLIPS, NEW CANAAN
MARK YOUNG, STAPLES
FRED ZIMMERMAN, STAPLES
GERRY PHILLIPS, NORWALK
BILL INFANGER, WILTON
GARY LEONARD, DARIEN
CASEY GAWLAK, STAMFORD
ROLAND SHERWOOD, STAMFORD
JOHN BUCZEK, LUDLOWE
STEVE COOK, RIDGEFIELD
DAVE CHAMEIDES, TRUMBULL

FCIAC CROSS COUNTRY (BOYS)

1974-75 (CONT)

JIM DUNN, CATHOLIC
MARLON DUREN, DANBURY
STAN SHOLTES, DANBURY
COLIN MORRIS, WESTHILL
DIRK WILLIAMS, GREENWICH

1975-76

JOHN BUCZEK, LUDLOWE
DOUG CALBY, STAPLES
DAVE CHAMEIDES, TRUMBULL
MIKE COTTON, NEW CANAAN
BILL INFANGER, WILTON
MARK MACINTYRE, GREENWICH
JOHN O'MAHONEY, NORWALK

1976-77

RANDY ANDREW, GREENWICH
DOUG CALBY, STAPLES
MIKE COTTON, NEW CANAAN
DOUG INGERSOL, WILTON
PAT JACKSON, DARIEN
JOHN O'MAHONY, NORWALK
DAVE PETERSON, LUDLOWE

1977-78

ZACK BARNETT, NEW CANAAN
SAM DAVIDSON, STAPLES
MIKE HOWELL, LUDLOWE
PETE HUMPHREY, STAPLES
PAT JACKSON, DARIEN
PETE LOFINK, WILTON
BOB MURDOCK, GREENWICH

1978-79

PETE HUMPHREY, STAPLES
JIM FORKER, NEW CANAAN
ANDY REGAN, NEW CANAAN
JEFF MESSER, DARIEN
JOHN RIDGEWAY, GREENWICH
JOHN MITOLA, LUDLOWE
ZACK BARNETT, NEW CANAAN

1979-80 FIRST TEAM

DAVE HINES, STAPLES
KEN HUMPHREY, DANBURY
GLEN JAROSZYNSKI, STAMFORD
KEVIN KING, WESTHILL
CHARLES PHILLIPS, NEW CANAAN
KEN SIDELEAU, NORWALK
TOM SPADAFORA, RIDGEFIELD

1979-80 SECOND TEAM

BRIAN CRANE, STAPLES
JOHN CRETAN, NEW CANAAN
KEITH DEVOS, WESTHILL
TED FARAH, DANBURY
JEFF FREYMAN, NEW CANAAN
JEFF MCKEE, DARIEN
CRAIG ODIERNO, NORWALK

1980-81 FIRST TEAM

JOSE QUINONEZ, RIPPOWAM
GEORG WU, WARDE
MIKE LAGE, RIDGEFIELD
KEVIN KING, WESTHILL
TED FARAH, DANBURY
MIKE ROBSON, DARIEN
ROY MASCOLINO, STAPLES

1980-81 SECOND TEAM

CHARLIE GAWLAK, STAMFORD
PAUL LINDEN, RIDGEFIELD
MARK MELILLO, GREENWICH
DAVE MITZI, WESTHILL
NICK PRATT, LUDLOWE
BILL SCHUELER, NORWALK
TOM STEELE, MCMAHON
SEAN WALSH, TRUMBULL

1981-82 FIRST TEAM

ROY MASCOLINO, STAPLES
MIKE KOWALSKI, WARDE
BUCKY CAMPBELL, NEW CANAAN
SEAN WALSH, TRUMBULL
JOE GREENWOOD, TRUMBULL
SCOTT KOGAN, STAMFORD
KARL MALMSHEIMER, DANBURY

1981-82 SECOND TEAM

BARRY FAGAN, TRUMBULL
JOHN LORENZINI, RIDGEFIELD
JOSE QUINONES, RIPPOWAM
MARK SMALLEY, RIDGEFIELD
ROBERT STEA, DANBURY
PHIL ZIPPERMAN, STAPLES
RICHARD ZIPPERMAN, STAPLES

1982-83 FIRST TEAM

DAVID CONRAD, MCMAHON
TOM HARDING, LUDLOWE
MIKE KOWALSKI, WARDE
JOHN LORENZINI, RIDGEFIELD

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1982-83 FIRST TEAM (CONT)

ROY MASCOLINO, STAPLES
KERRY MCKINLEY, DANBURY
MATT ZAMARY, DANBURY

1982-83 SECOND TEAM

CHRIS DIMATTIA, LUDLOWE
TIM DIRGINS, GREENWICH
ANDREW HUESTIS, WILTON
TIM JONES, STAPLES
SCOTT MOSLEY, NEW CANAAN
CHRIL TIDBALL, WILTON
DOUG WHITFIELD, LUDLOWE

1983-84 FIRST TEAM

TIM DIRGINS, GREENWICH
TOM HARDING, LUDLOWE
JOHN LORENZINI, RIDGEFIELD
ART SMITH, NEW CANAAN
MIKE SMITH, RIDGEFIELD
ERIC STRUNK, WARDE
DOUG WHITFIELD, LUDLOWE

1983-84 SECOND TEAM

KEVIN BRAUN, STAPLES
JIM BYRNES, NEW CANAAN
CHRIS MCKIERNAN, DARIEN
JASON RINALDI, WESTHILL
MIKE ROGERS, NEW CANAAN
PETE TOMCZYK, TRUMBULL
BOB WHITFIELD, LUDLOWE

1984-85 FIRST TEAM

ANDY BARTLETT, NEW CANAAN
JAMIE KALAMARIDES, WILTON
NORM MCHUGH, WESTHILL
BING MILLER, DANBURY
JASON RINALDI, WESTHILL
ERIC STRUNK, WARDE
JOHN ZITZMAN, GREENWICH

1984-85 SECOND TEAM

KEVIN BRAUN, STAPLES
SCOTT CONNER, NEW CANAAN
KEITH IODICE, LUDLOWE
ED MOORE, DANBURY
SCOTT PATTON, RIDGEFIELD
ANDY QUINN, WARDE
JOHN SILLARS, DARIEN

1985-86 FIRST TEAM

CHRIS BASTEK, RIDGEFIELD
LARRY BRIODY, RIDGEFIELD
VANCE CLEMENTE, GREENWICH
PETER COOKE, GREENWICH
JASON GASPERO, STAPLES
EVAN GRAYER, STAPLES
NORMAN MCHUGH, WESTHILL
ED MOORE, DANBURY
SCOTT PATTEN, RIDGEFIELD
ANDY QUINN, WARDE
ERIC STRUNK, WARDE
PETE TOMCZYK, TRUMBULL

1985-86 SECOND TEAM

JEFF BRAUN, STAPLES
ROB BLANCHARD, NEW CANAAN
PAT CAMPBELL, LUDLOWE
JAY CARTER, STAPLES
SCOTT CONNER, NEW CANAAN
STEVE CUNEO, RIDGEFIELD
MIKE FINKEL, WESTHILL
JOHN KRETSCH, LUDLOWE
MIKE NOSAL, WESTHILL
TYLER POTTER, LUDLOWE
TIM ROGERS, NEW CANAAN
STEVE ROONEY, DARIEN
ELI STEIN, WARDE

1986-87 FIRST TEAM

JAY CARTER, STAPLES
PETER COOKE, GREENWICH
STEVE CUNEO, RIDGEFIELD
JAMES DINA, FAIRFIELD
EVAN GRAYER, STAPLES
JASON GASPERO, STAPLES
JOHNNY KRETSCH, FAIRFIELD
ROB MURRAY, DANBURY
JOHN PETERSON, CATHOLIC
TIM ROGERS, NEW CANAAN
STEVE ROONEY, DARIEN
TOM SHEERAN, STAPLES

1986-87 SECOND TEAM

DEREK BEARD, WILTON
JIM BOOK, WILTON
MIKE CLARKE, WILTON
DON DESFOSSSES, STAPLES
GREG ELKINS, MCMAHON
JEFF GOLDER, STAPLES
STEVE KOWALSKI, FAIRFIELD

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1986-87 SECOND TEAM (CONT)

RANDY LANGE, TRUMBULL
JON LIBA, STAPLES
ERIC MATSON, NEW CANAAN
RYAN REYNOLDS, NORWALK
MATTHEW ROBINSON, GREENWICH
MATT WHITE, WESTHILL

1987-88 FIRST TEAM

JAY BUTLER, STAPLES
TOM CUCUEL, GREENWICH
GREG ELKINS, MCMAHON
JASON GASPERO, STAPLES
JEFF GOLDER, STAPLES
EVAN GRAYER, STAPLES
JAMES LIEBERTZ, WESTHILL
ERIC MATSON, NEW CANAAN
ROB MURRAY, DANBURY
TOM SHEERAN, STAPLES
ROB TYMOCZKO, TRUMBULL
NORBERTO ZAPATA, FAIRFIELD

1987-88 SECOND TEAM

PETER ANASTASIO, WILTON
MIKE BENZIE, DARIEN
SCOTT BOTTCHER, FAIRFIELD
MATT BROWN, STAMFORD
DON DESFOSSES, STAPLES
RICHARD MCDONALD, STAPLES
ERIC MOFFAT, NEW CANAAN
GRANT MORRISON, DANBURY
KEVIN O'KEEFE, NEW CANAAN
ANDY SGANGA, RIDGEFIELD
BRICE WESTRING, STAPLES
MATT WHITE, WESTHILL

1988-89 FIRST TEAM

PETER ANASTASIO, WILTON
DAVE BARNES, STAMFORD
JAY BUTLER, STAPLES
CARLOS DEOVANDO, STAPLES
GREG ELKINS, MCMAHON
KEVIN HAWKEY, RIDGEFIELD
RICH LUMAZZA, FAIRFIELD
TOM SHERRAN, STAPLES
RICH VOGT, STAPLES
MARK WESLEY, STAMFORD
KEITH WILLIAMS, GREENWICH
NORBERTO ZAPATA, FAIRFIELD

1988-89 SECOND TEAM

MIKE BENZIE, DARIEN
PETER BRADY, RIDGEFIELD
MATT BROWN, STAMFORD
KEVIN DAY, STAPLES
BRETT FREEMAN, WESTHILL
PETER HIRSCH, GREENWICH
MIKE HOPPER, DANBURY
JAMES LIEBERTZ, WESTHILL
MIKE MCAVOY, RIDGEFIELD
LARRY REDDEN, STAMFORD
FABIAN RINCON, STAPLES
MATT SCHNEIDER, STAPLES

1989-90 FIRST TEAM

PETER ANASTASIO, WILTON
MARTIN BARKWALL, GREENWICH
JUSTIN CHILDERS, STAPLES
KEVIN DAY, STAPLES
CARLOS DEOVANDO, STAPLES
KEVIN HAWKEY, RIDGEFIELD
ANDREW LEWIS, GREENWICH
JIMMY MELLIS, WESTHILL
LARRY REDDEN, STAMFORD
RANDALL ROTHGEB, STAPLES
RICHARD VOGT, STAPLES
NORBERTO ZAPATA, FAIRFIELD

1989-90 SECOND TEAM

MIKE BENZIE, DARIEN
ERIK BUE, STAPLES
JACK DAVIDSON, DARIEN
NICHOLAS DELAMARE, STAPLES
ROBERT DUCK, DARIEN
CARL GREGORIO, STAMFORD
NICHOLAS JEREMIAH, STAPLES
JEREMY KALAMARIDES, WILTON
ROB O'DEA, GREENWICH
ANTHONY NAJAMY DANBURY
DAN RADULSKI, DANBURY
JAY ROXE, DARIEN
R.J. SALA, CATHOLIC

1990-91 FIRST TEAM

JUSTIN CHILDERS, STAPLES
JACK DAVIDSON, DARIEN
KEVIN DAY, STAPLES
NICHOLAS DELAMARE, STAPLES
CARL GREGORIO, STAMFORD
KEVIN HAWKEY, RIDGEFIELD
CHRIS MCGARRIGAL, DANDURY

FCIAC CROSS COUNTRY (BOYS)

1990-91 FIRST TEAM (CONT)

FRED NORDSJO, WESTHILL
LARRY REDDEN, STAMFORD
RANDALL ROTHGEB, STAPLES
JAY ROXE, DARIEN
RICHARD VOGT, STAPLES

1990-91 SECOND TEAM

ANDREW BOWMAN, GREENWICH
ERIK BUE, STAPLES
DOUG DEMASSA, NORWALK CO-OP
ALEX DESCHENES, WILTON
NATE FINDLEY, WILTON
PAUL HOPPER, DANBURY
ANDREW LEWIS, GREENWICH
TOM LIBA, STAPLES
JOHN LOMBARDO, DANBURY
MARK NEWMAN, STAMFORD
DREW NOTLEY, RIDGEFIELD
JIM RATH, FAIRFIELD
R.J. SALA, CATHOLIC
JULIO SORIA, STAPLES
SAM TRINCA, GREENWICH
STEPHEN WACHTEL, GREENWICH

1991-92 FIRST TEAM

MARK BARTOLOMAEI, RIDGEFIELD
ANDREW BOMANN, GREENWICH
JOHN CARBONE, DANBURY
JUSTIN CHILDERS, STAPLES
BRAD FERGUSON, WILTON
STEVE GRYZB, TRUMBULL
MARC LAROCHE, STAPLES
CHRIS MCGARRIGAL, DANBURY
MIKE MOORE, DANBURY
TOMER NITZAN, FAIRFIELD
JIM RATH, FAIRFIELD
RANDALL ROTHGEB, STAPLES
JERRY TERMAN, DANBURY
SAM TRINCA, GREENWICH

1991-92 SECOND TEAM

ERIC CARPENTER, WESTHILL
ERICK CHASE, STAPLES
MIKE DEMASSA, NORWALK CO-OP
PAUL LAROSA, DANBURY
CRAIG LOPEZ, TRUMBULL
JOHN MCELROY, RIDGEFIELD
DREW NOTLEY, RIDGEFIELD
MASATO OKANO, GREENWICH
RANDY ROBERTSON, DARIEN

1991-92 SECOND TEAM (CONT)

BRIAN TARNIK, STAPLES

1992-93 FIRST TEAM

MARK BARTHOLEMAEI, RIDGEFIELD
JEFF CALO, WILTON
KEVIN CATTRELL, NEW CANAAN
ERICK CHASE, STAPLES
KEN GUNN, STAMFORD
ALEX LAROCHE, STAPLES
RYAN LAURENT, GREENWICH
MIKE MOORE, DANBURY
TOMER NITZAN, FAIRFIELD
MASATO OKANO, GREENWICH
DAVE QUIST, WILTON
JIM RATH, FAIRFIELD
MIKE ROVITO, DANBURY
JERRY TERMON, DANBURY
SAM TRINCA, GREENWICH

1992-93 SECOND TEAM

MIKE DEMASSA, MCMAHON
BRAD FERGUSON, WILTON
NATE FINDLEY, WILTON
TADASHI FUKUDA, GREENWICH
PAUL LAROSA, DANBURY
SCOTT PETERSON, FAIRFIELD
RICK PETERSON, STAPLES
SHAWN SANFORD, DANBURY
KEITH SIEGNER, STAMFORD
BRETT WITHERS, TRUMBULL

1993-94 FIRST TEAM

DECIO TENREIRO, DANBURY
DAVE QUIST, WILTON
SCOTT PETERSON, FAIRFIELD
ALEX LAROCHE, STAPLES
PAUL LAROSA, DANBURY
MIKE ROVITO, DANBURY
TADASHI, FUKUDA, GREENWICH
KEVIN CATTRELL, NEW CANAAN
PETER SORENSON, STAPLES
ERICH BRANT, RIDGEFIELD
STEVE ROUNTOS, DANBURY
BRIAN LAVERY, GREENWICH

1993-94 SECOND TEAM

MASATO OKANO, GREENWICH
TONY RESTUCCIA, NORWALK
SEAN MEHNER, STAMFORD
MARK LAROSA, DANBURY

FCIAC CROSS COUNTRY (BOYS)

1993-94 SECOND TEAM (CONT)

AARON BLACKWELDER, FAIRFIELD
SETH STRATFORD, TRUMBULL
STEVE GREENBERG, RIDGEFIELD
CHRIS ROUNTOS, DANBURY
TOBY KORNER, NEW CANAAN
YOSHIMI ENDO, STAMFORD
DAVE HENRY, STAMFORD
ANDREW TAR, GREENWICH
DAVE PROCTOR, RIDGEFIELD
MIKE GIBSON, GREENWICH
NEIL MUTNICK, WESTHILL

1994-95 FIRST TEAM

DECIO TENEIRO, DANBURY
GOEFF HOWARD, FAIRFIELD
DAVE QUIST, WILTON
SCOTT PETERSON, FAIRFIELD
MARK LAROSA, DANBURY
KIKI LUMFUAKAIDI, BASSICK
DOUG DEMARCO, DANBURY
JARON DAVIS, STAPLES
AARON BLACKWELDER, FAIRFIELD
TOM NEUMANN, NORWALK
BRIAN O'LOUGHLIN, DANBURY
BRIAN KAUPPI, GREENWICH
MATT HOMBERGER, STAPLES

1994-95 SECOND TEAM

BLAINE HURTY, DARIEN
SEAN MEHNER, STAMFORD
JACQUES BEGIN, WILTON
WILLIE THOMPSON, STAPLES
MIKE GIBSON, GREENWICH
TOM DILORIO, DANBURY
DAVE PROCTOR, RIDGEFIELD
SCOTT HUYETTE, NEW CANAAN
CHRIS ROUNTOS, DANBURY
ANDREW MOCARSKI, FAIRFIELD
TONY HYLTON, NORWALK
YOSHIMI ENDO, STAMFORD
PAT STURGESS, DANBURY

1995-96 FIRST TEAM

KIKI LUMFUAKAIDI, BASSICK
DECIO TENREIRO, DANBURY
MARK LAROSA, DANBURY
CHRIS ROUNTOS, DANBURY
WILLIE THOMPSON, STAPLES
HIRO HASAGAWA, GREENWICH
BRYAN KOVALSKY, RIDGEFIELD

1995-96 FIRST TEAM (CONT)

JEFF KURIJAKA, DANBURY
BRIAN O'LOUGHLIN, DANBURY
JAY CROCKETT, TRUMBULL
AARON BLACKWELDER, FAIRFIELD
ANDRES MOCARSKI, FAIRFIELD
BILL BUNN, TRUMBULL

1995-96 SECOND TEAM

MARC LUPINACCI, TRINITY
YOSHIMI ENDO, STAMFORD
GARY MASER, DANBURY
TIM FOSTER, FAIRFIELD
PAT STURGES, DANBURY
CRAIG OSHRIN, NORWALK
CHRIS MITCHELL, NEW CANAAN
KRIS JAMES, STAPLES
ALEX PETER, NORWALK
SEAN MEHNER, STAMFORD
RYAN COLEMAN, NEW CANAAN

1996-97 FIRST TEAM

JIM BUCHER, RIDGEFIELD
JASON CROCKETT, TRUMBULL
KRIS JAMES, STAPLES
MICHALE JULIANO, TRUMBULL
ERIC KLEIN, TRUMBULL
BRYAN KOVALSKY, RIDGEFIELD
KRIS KURJIKA, DANBURY
ANDREW MOCARSKI, FAIRFIELD
GEORGE O'LOUGHLIN, DANBURY
KEN POLI, DARIEN
CHRIS ROUNTOS, DANBURY
CHRIS MITCHELL, NEW CANAAN

1996-97 SECOND TEAM

ALEJANDRO ARBELLA, DANBURY
NATHAN ARRINGTON, STAPLES
RYAN COLEMAN, NEW CANAAN
KEN COONEY, STAPLES
MICKEY COOPER, FAIRFIELD
SCOTT FELTMATE, RIDGEFIELD
TIM FOSTER, FAIRFIELD
MATT GIOFFRE, RIDGEFIELD
JOSEPH MOODY, DANBURY
AARON PATRICK, RIDGEFIELD
ALEX PETER, NORWALK
TODD PETERSON, FARIFIELD
PAT STURGES, DANBURY
MIKE TANNHEIMER, RIDGEFIELD

FCIAC CROSS COUNTRY (BOYS)

1997-98 FIRST TEAM

JAY CROCKETT, TRUMBULL
SCOTT FELTMATE, RIDGEFIELD
MATT GIOFFRE, RIDGEFIELD
KRIS JAMES, STAPLES
ETHAN KEARNS, RIDGEFIELD
ERIC KLEIN, TRUMBULL
KRIS KURJIAKA, DANBURY
ANDREW MOCARSKI, FAIRFIELD
GEORGE O'LOUGHLIN, DANBURY
AARON PATRICK, RIDGEFIELD
TODD PETERSON, FAIRFIELD
REN PROVEY, FAIRFIELD
NATHAN RAMIREZ, TRUMBULL

1997-98 SECOND TEAM

ALEJANDRO ARBELLA, DANBURY
NATHAN ARRINGTON, STAPLES
JEFF CLAPES, ST. JOSEPH
RYAN COLEMAN, NEW CANAAN
MICKEY COOPER, FAIRFIELD
ALLEN HALL, DANBURY
ROBERT KENNEDY, STAPLES
RAMON LABOY, DANBURY
JOHN LAROSA, DANBURY
JOE MOODY, DANBURY
LENNY PETTITI, TRUMBULL
TOM PUZAK, RIDGEFIELD

1998-99 FIRST TEAM

MICKEY COOPER, FAIRFIELD
MICHAEL HNATH, RIDGEFIELD
ETHAN KEARNS, RIDGEFIELD
ROBERT KENNEDY, STAPLES
RAMON LABOY, DANBURY
JOHN LAROSA, DANBURY
GEORGE O'LOUGHLIN, DANBURY
AARON PATRICK, RIDGEFIELD
REN PROVEY, FAIRFIELD
TOM PUZAK, RIDGEFIELD
NATHAN RAMIREZ, TRUMBULL
CARL SCHMIDT, RIDGEFIELD

1998-99 SECOND TEAM

BYRON BOOTS, NEW CANAAN
RYAN COLEMAN, NEW CANAAN
SETH HADEN, NEW CANAAN
LARRY HAMILTON, HARDING
ED HEATTER, STAPLES
JEREMY KRINSLEY, NEW CANAAN
DOUG MCCORMICK, STAPLES

1998-99 SECOND TEAM (CONT)

GEORGE MCELROY, FAIRFIELD
MIKE PETTWAY, HARDING
JAY POPOVICH, FAIRFIELD
TIM SHILLING, TRUMBULL
MATTHEW YARDIS, GREENWICH

1999-2000 FIRST TEAM

JAMAL AARON, WILTON
MICKEY COOPER, FAIRFIELD
MATTHEW CURRAN, DANBURY
MATT KALINSKI, GREENWICH
REESE KENNEDY, STAPLES
JEREMY KRINSLEY, NEW CANAAN
TYLER KURJIAKA, DANBURY
RAMON LABOY, DANBURY
STEVE MUSHETTI, RIDGEFIELD
REN PROVEY, FAIRFIELD
ANDREW RENNA, DANBURY
CARL SCHMIDT, RIDGEFIELD
CONNOR SWEENEY, DANBURY
MATT WRIGHT, FAIRFIELD
MATTHEW YARDIS, GREENWICH

1999-2000 SECOND TEAM

SAMEER BAIG, DARIEN
DURRY BECKER, STAPLES
SCOTT FINLAY, DARIEN
CHRIS FISHER, STAPLES
ED HEATTER, STAPLES
MATT HYDE, FAIRFIELD
ANDRE LABOY, DANBURY
ROB LYNCH, NEW CANAAN
JOHN MARIANO, DANBURY
DOUG MCCORMICK, STAPLES
DAN O'LAUGHLIN, DANBURY
JAY POPOVICH, FAIRFIELD
SKIP RUSSELL, NEW CANAAN
JEFF ZARRILI, DARIEN

2000-01 FIRST TEAM

LUKE MEYER, RIDGEFIELD
STEVE MUCCHETTI, RIDGEFIELD
DAN O'LOUGHLIN, DANBURY
CONNOR SWEENEY, DANBURY
MIKE AHERN, DANBURY
CARL SCHMIDT, RIDGEFIELD
ARTURO LUGO, DANBURY
MICHAEL RAFFAELE, GREENWICH
ANDRE LABOY, DANBURY
EMRE KENNEDY, STAPLES

FCIAC CROSS COUNTRY (BOYS)

2000-01 FIRST TEAM (CONT)

TYLER KURJIAKA, DANBURY
CHRIS JOHNSON, RIDGEFIELD
RAMON LABOY, DANBURY
CHASE PIZZONIA, DARIEN
WILL DOWNEY, STAPLES

2000-01 SECOND TEAM

SAMEER BAIG, DARIEN
TIM CLAPES, ST. JOSEPH
TYLER DODDS, WILTON
PAUL JARBOE, WILTON
JEREMY KRINSLEY, NEW CANAAN
JOHN LAWRENCE, FAIRFIELD
ADAM POLITE, STAPLES
GREG TAVINO, RIDGEFIELD
HANNES WALZ, NEW CANAAN
JOHN WESELCOUCH, FAIRFIELD

2001-02 FIRST TEAM

STEVE MUCCHETTI, RIDGEFIELD
ANDRE LABOY, DANBURY
DANNY O'LOUGHLIN, DANBURY
CONNOR SWEENEY, DANBURY
EMRE KENNEDY, STAPLES
PHILIP SHERMAN, GREENWICH
ADAM POLITE, STAPLES
ROB LYNCH, NEW CANAAN
PAUL JARBOE, WILTON
TIMOTHY LOH, FAIRFIELD
CHASE PIZZONIA, DARIEN
ALDACE FLEMING, RIDGEFIELD
TRAVIS MCKEE, DANBURY
JOE O'DONNELL, DANBURY
JAY MARTIN, RIDGEFIELD

2001-02 SECOND TEAM

JOHN WESELCOUCH, FAIRFIELD
KYLE ASTLE, FAIRFIELD
RYAN SMITH, FAIRFIELD
ROBERT BRINK, STAPLES
TIM BURNS, NORWALK
ERIC REILLY, FAIRFIELD
JEREMY SLOAN, RIDGEFIELD
SIMON ROSSETTER, DARIEN
JOHN LAWRENCE, STAPLES
TYLER KURJIAKA, DANBURY
JONATHAN KOLODZIEJ, DANBURY
ANTHONY ROUNTOS, DANBURY

2002-03 FIRST TEAM

CHASE PIZZONIA, DARIEN
MICHAEL KENNEDY, STAPLES
TYLER LONSDALE, STAPLES
TIMOTHY LOH, FAIRFIELD
TOM BERRY, WESTHILL
MATTHEW BACH, DANBURY
GRAHAM SNOW, DANBURY
JONATHAN KOLODZIEJ, DANBURY
BRAD HILLER, RIDGEFIELD
JAY MARTIN, RIDGEFIELD
GRANT BURGESS, STAPLES
SEAN BETESH, DANBURY
THOMAS VAIL, DANBURY
JOHN WESELCOUCH, FAIRFIELD
DEVIN HANRAHAN, STAPLES

2003-04 FIRST TEAM

TYLER LONSDALE, STAPLES
CHASE PIZZONIA, DARIEN
MATHEW BACH, DANBURY
THOMAS VAIL, DANBURY
GRAHAM SNOW, DANBURY
JESSE KEARNS, RIDGEFIELD
GRAHAM WILLIAMS, WILTON
JEFFREY COHEN, DANBURY
P.J. MOFFAT, RIDGEFIELD
FILIPE CUOTO, DARIEN
JEREMY SLOAN, RIDGEFIELD
MARTY GENNUSA, RIDGEFIELD
DEVIN HANRAHAN, DARIEN
TOM BRILEY, DARIEN
GARY FREILICH, WESTHILL

2003-04 SECOND TEAM

NICK GOODING, STAMFORD
JOSH KEARNS, RIDGEFIELD
BRIAN LLOYD, DARIEN
JOSH BARBARA, GREENWICH
MATTHEW MCNEES, STAPLES
JAMES SLATTERY, NEW CANAAN
DANNY ABRANTES, DANBURY
SCOTT WARREN, FAIRFIELD
MIKE MAY, DARIEN
MATT FUENTES, WILTON

2004-05 FIRST TEAM

JAMES WYPER, DARIEN
JOSH KEARNS, RIDGEFIELD
CAMERON MARANTZ, STAPLES
MATT FUENTES, WILTON

FCIAC CROSS COUNTRY (BOYS)

2004-05 FIRST TEAM (CONT)

PJ MOFFAT, RIDGEFIELD
DOUG WRIGHT, DARIEN
MARTY GENNUSA, RIDGEFIELD
JORDAN LYSENKO, NEW CANAAN
REMI-ALAIN RAY, STAPLES
MATT TERRY, DANBURY
JOSH DOYING, DARIEN
HAMILTON, KIBBE, NORWALK
JOSH BARBARA, GREENWICH
BRENDAN RICKERT, DANBURY
ANDREW SCHLEMMER, DANBURY

2005-06 FIRST TEAM

JOSH KEARNS, RIDGEFIELD
MATT TERRY, DANBURY
JAMES WYPER, DARIEN
WILLIE AHEARN, DANBURY
BRENDAN RICKERT, DANBURY
JEFF RAGGAZZINI, WILTON
REMI RAY, STAPLES
KELLEN QUIGLEY, RIDGEFIELD
DOUG WRIGHT, DARIEN
JORDAN LYSENKI, NEW CANAAN
JUSTIN RAY, GREENWICH
BRADY BECKER, DANBURY
LUCAS FUENTES, WILTON
DANIEL ROBB, WARDE
MATT KANE, WARDE

2006-07 FIRST TEAM

MATT KANE, WARDE
JEFF RAGAZZINI, WILTON
JOEY BUBNIAK, DANBURY
JUSTIN RAU, DANBURY
BRADY BECKER, DANBURY
PARKER BOUDREAU, DANBURY
RICARDO BALMASEDA, DANBURY
TUCKER SCHAEFER, DANBURY
LUCAS FUENTES, WILTON
DOUGLAS WRIGHT, DARIEN
JAMES GREBEY, WESTHILL
MIKE RALABATE, ST. JOSEPH
TYLER PRINCE, STAPLES
ARTEM SKOBREV, DARIEN
NISHAN RAJARATNAM, RIDGEFIELD

2007-08 FIRST TEAM

MATT KANE, WARDE
PETER JANKOVSKY, WESTHILL
MATT TERRY, DANBURY

2007-08 FIRST TEAM (CONT)

ARTEM SKOBREV, DARIEN
WILLIE AHEARN, DANBURY
JOEY BUBNIAK, DANBURY
TUCKER SCHAEFER, DANBURY
JUSTIN RAU, DANBURY
REED BRATCHES, NEW CANAAN
DOUGLAS WRIGHT, DARIEN
MATT OAKES, RIDGEFIELD
BRYAN STEPHEN, WARDE
KEVIN RUSSELL, DANBURY
ALEX PETERSON, STAPLES
LOGAN HOHS, DARIEN

2007-08 SECOND TEAM

DAVID ZIMMERMAN, DANBURY
MICHAEL IGNATOWICH, RIDGEFIELD
CHRISTOPHER ESPOSITO, STAPLES
KEVIN SOUSA, DARIEN
JEFF WAGNER, NORWALK
WILDENS FILS, WESTHILL
JUSTIN TUFARIELLO, RIDGEFIELD
ANDREW ERSKINE, WESTHILL
ZACH MARCUS, RIDGEFIELD
SAM PARTON, WARDE
ADRIAN AMBROSE, TRUMBULL
MATT MARRIOTT, STAPLES
KRISTIAN OTTEN, WARDE
NICK NELSON, RIDGEFIELD
RICHIE HUME, RIDGEFIELD

2008-2009 FIRST TEAM

ARTEM SKOBREV, DARIEN
TUCKER SCHAEFER, DANBURY
JOEY BUBNIAK, DANBURY
KEVIN RUSSELL, DANBURY
LEVI WALLACE, DANBURY
JULIAN SAAD, TRUMBULL
REED BRATCHES, NEW CANAAN
CHRISTIAN KEARNS, RIDGEFIELD
CHRIS PRISTOURIS, DANBURY
MICHAEL IGNATOWICH, RIDGEFIELD
RICHIE HUME, RIDGEFIELD
BRYAN STEPHAN, WARDE
ANDREW ERSKINE, WESTHILL
SAM WELLER, STAPLES
SAM PARTON, WARDE

2008-09 SECOND TEAM

JAKE MCCAULEY, DARIEN
JACK ROCHE, STAPLES

FCIAC CROSS COUNTRY (BOYS)

2008-09 SECOND TEAM (CONT)

MATT MARRIOTT, STAPLES
MIKE ROBB, WARDE
KEVIN SOUSA, DARIEN
DAN PROSPECT, WILTON
ALEX REYNOSO, DARIEN
ROBERT HENDRICKSON, DARIEN
RAYMOND CROUCH, DANBURY
MATTHEW KAESTLI, STAPLES
NICK SYKES, NEW CANAAN
TOMMY WEEKS, RIDGEFIELD
DAVID MORTNER, STAPLES
WILLIAM NEWBERRY, GREENWICH
JOHN CONLEY, DARIEN

2009-2010 FIRST TEAM

RICHIE HUME, RIDGEFIELD
JAKE MCCAULEY, DARIEN
ALEX LEVINE, DANBURY
JOHN CONLEY, DARIEN
CHRISTIAN KEARNS, RIDGEFIELD
SAM PARTON, WARDE
RYAN POLO, RIDGEFIELD
ALEX REYNOSO, DARIEN
MIKE ROBB, WARDE
THOMAS MOORE, DANBURY
JACK ROCHE, STAPLES
RAYMOND CROUCH, DANBURY
BEN ALDRICH, STAPLES
JONATHAN FOSTER, STAPLES
ALEX SPINU, NEW CANAAN

2009-10 SECOND TEAM

NICHOLAS CARLSON, DANBURY
SAM ZORFAS, STAPLES
TREVOR MACLEAN, STAPLES
DAN RONAN, DANBURY
TIM BECKER, WILTON
RYAN WARKENTIN, LUDLOWE
WILLIAM SANDBERG, DARIEN
CHRIS MADAFFARI, MCMAHON
BRANT HOFFMAN, NEW CANAAN
VICTOR DAHL, GREENWICH
CARL LOUIS, MCMAHON
MIKE RAVERT, RIDGEFIELD
CHASE TAGEN, STAPLES
CHARLIE BAIRD, DARIEN
MICHAEL JOHNSTON, DARIEN

2010-11 FIRST TEAM

ALEX LEVINE, DANBURY
HARRY WARNICK, WARDE
THOMAS MOORE, DANBURY
JOHN CONLEY, DARIEN
NICHOLAS CARLSEN, DANBURY
BEN ALDRICH, STAPLES
CHARLIE BAIRD, DARIEN
VICTOR DAHL, GREENWICH
CHRIS MADAFFARI, MCMAHON
MICHAEL JOHNSTON, DARIEN
ALEX SPINU, NEW CANAAN
DAN RONAN, DANBURY
MIKE FRASCO, LUDLOWE
MATT GENTILE, DARIEN
DAVID WATSON, DARIEN

2010-11 SECOND TEAM

MICHAEL COE, DARIEN
GREG AZEVEDO, DANBURY
MIKE CORASANITI, NORWALK
DANNY PROSPECT, WILTON
MIKE RAVERT, RIDGEFIELD
JACK ROCHE, STAPLES
NICK GANS, WARDE
MATT CASWELL, WILTON
KEVIN FORD, RIDGEFIELD
KENTARO HIGUCHI, STAPLES
JACK WHITE, LUDLOWE
PATRICK HEALEY, DANBURY
ALEX ULLMAN, WARDE
PATRICK DALY, NEW CANAAN
ROBERT THOTTAM, LUDLOWE

2011-12 FIRST TEAM

HENRY WYNNE, STAPLES
HARRY WARNICK, WARDE
THOMAS MOORE, DANBURY
NICHOLAS CARLSEN, DANBURY
CHRIS MADAFFARI, MCMAHON
CHARLIE BAIRD, DARIEN
MICHAEL JOHNSTON, DARIEN
MIKOLAJ KULIS, STAPLES
SAM LAGASSE, WESTHILL
MARSHALL HUFFMAN, DARIEN
NICK LASKOS, TRUMBULL
MICKEY KOSAK, DANBURY
PATRICK NOLAN, STAPLES
ALEX OSTBERG, DARIEN
MARCUS RUSSI, STAPLES

FCIAC CROSS COUNTRY (BOYS)

2011-12 SECOND TEAM

JACK WHITE, LUDLOWE
PATRICK HEALEY, DANBURY
JAMES QUINTANILLA, DANBURY
AUSTIN HELD, TRUMBULL
CLINT CORSO, RIDGEFIELD
ALEXEI SPINU, NEW CANAAN
BLAKE LIEBING, RIDGEFIELD
PETER KREUCH, DARIEN
KEVIN FORD, RIDGEFIELD
MALCOLM CONNOR, TRUMBULL
ELI CONVERSE, DARIEN
EDWIN ROSALES, NORWALK
TREVOR HOPPER, RIDGEFIELD
MICHAEL COE, DARIEN
KRISTIAN SOGAARD, RIDGEFIELD

2012-13 FIRST TEAM

HENRY WYNNE, STAPLES
TREVOR HOPPER, RIDGEFIELD
SPENCER BROWN, WILTON
NICHOLAS CARLSEN, DANBURY
KRISTIAN SOGAARD, RIDGEFIELD
MICKEY KOZAK, DANBURY
MARSHALL HUFFMAN, DARIEN
PATRICK NOLAN, STAPLES
COLTEN APPLEBY, DARIEN
PATRICK HEALEY, DANBURY
ALEX OSTBERG, DARIEN
AIDAN FIOL, WARDE
NICK GANS, WARDE
OLIVER HICKSON, STAPLES
SAMUEL COHEN, STAPLES

2012-13 SECOND TEAM

JAMES QUINTANILLA, DANBURY
ZACHARY STEMPLE, DANBURY
CLINT CORSO, RIDGEFIELD
RYAN FOX, DANBURY
CONNOR O'DAY, WARDE
BEN OLSEN, DARIEN
RYAN ANSEL, DANBURY
EZEQUIEL RODRIQUEZ, NORWALK
PETER KREUCH, DARIEN
RAMI MOHAMED, TRUMBULL
MCCALL KELLER, RIDGEFIELD
BRIAN DAVEY, DARIEN
AUSTIN HELD, TRUMBULL
STEVEN IGNATOWICH, RIDGEFIELD
PETER ELKIND, STAPLES

2013-14 FIRST TEAM

TREVOR HOPPER, RIDGEFIELD
ALEX OSTBERG, DARIEN
WILL BORDASH, RIDGEFIELD
ERIC VAN DER ELS, MCMAHON
AUSTIN GILBERT, RIDGEFIELD
OLIVER HICKSON, STAPLES
COREY MULLINS, DANBURY
KRISTIAN SOGAARD, RIDGEFIELD
ARMSTRONG NOONAN, DARIEN
GABE ALTOPP, RIDGEFIELD
COLTEN APPLEBY, DARIEN
AIDAN FIOL, WARDE
PETER ELKIND, STAPLES
RYAN ANSEL, DANBURY
CHASE GORNBEIN, STAPLES

2013-14 SECOND TEAM

SPENCER LYMAN, NEW CANAAN
BRIAN DAVEY, DARIEN
EZEQUIEL RODRIQUEZ, NORWALK
JAKE BERMAN, STAPLES
MARSHALL HUFFMAN, DARIEN
JAMES MAS, ST. JOSEPH
KYLE O'BRIEN, DANBURY
CLINT CORSO, RIDGEFIELD
MARK JAROMBK, GREENWICH
MICKEY KOZAK, DANBURY
PETER KREUCH, DARIEN
NICK GANS, WARDE
ALEX ELLSWORTH, NEW CANAAN
BEN OLSEN, DARIEN
GILMAR BARRIOS, STAMFORD

2014-15 FIRST TEAM

ALEX OSTBERG, DARIEN
SPENCER BROWN, WILTON
ARMSTRONG NOONAN, DARIEN
GABRIEL ALTOPP, RIDGEFIELD
ERIC VAN DER ELS, MCMAHON
OLIVER HICKSON, STAPLES
KRISTIAN SOGAARD, RIDGEFIELD
ERIC WATERMAN, DANBURY
RYAN ANSEL, DANBURY
WILLIAM BRISMAN, STAPLES
JAKE BERMAN, STAPLES
JAMES MAS, ST. JOSEPH
JAMES LEWIS, STAPLES
RYAN FOX, DANBURY
COREY MULLINS, DANBURY

FCIAC CROSS COUNTRY (BOYS)

2014-15 SECOND TEAM

BRANDON HARRINGTON, STAPLES
JACK ADAMSKI, DANBURY
BENJAMIN FOSTER, STAPLES
IAN MICKOOL, RIDGEFIELD
ALEX ELLSWORTH, NEW CANAAN
NICHOLAS GREW, TRUMBULL
AJAX DIAMANDIS, MCMAHON
ANDREW KATES, GREENWICH
TIM MOORE, DANBURY
SPENCER LYMAN, NEW CANAAN
ARTHUR CASSIDY, DARIEN
TERRELL CUNNINGHAM, DANBURY
ETHAN REALANDER, RIDGEFIELD
CHARLES KIEFFER, WARDE
BEN ERTEL, LUDLOWE

2015-16 FIRST TEAM

ERIC VAN DER ELS, MCMAHON
GABRIEL ALTOPP, RIDGEFIELD
WILLIAM BRISMAN, WARDE
JUSTIN HOELZL, WILTON
ZAKEER AHMAD, STAPLES
TREVOR REED, DANBURY
IAN MICKOOL, RIDGEFIELD
GILMAR BARRIOS, STAMFORD
JAMES MAS, ST. JOSEPH
JACK ADAMSKI, DANBURY
BENJAMIN FOSTER, STAPLES
AARON BREENE, WILTON
CHARLES KIEFFER, WARDE
BRANDON HARRINGTON, STAPLES
CHARLIE TAUBL, TRUMBULL

2015-16 SECOND TEAM

ANDREW KATES, GREENWICH
TERRELL CUNNINGHAM, DANBURY
JAKE ROBERTS, DANBURY
SUNIL GREEN, STAPLES
DAN NICHOLS, DANBURY
ALEX MOCARSKI, WARDE
BRADFORD DEMASSA, RIDGEFIELD
AJAX DIAMANDIS, MCMAHON
TIM MOORE, DANBURY
BENJAMIN SEIPLE, STAPLES
CHRIS ALEGI, TRUMBULL
JAMES LEWIS, STAPLES
JACKSON STEARNS, WARDE
PEDRO PEREIRA, DANBURY
ALEX KLARER, DARIEN

2016-17 FIRST TEAM

ZAKEER AHMAD, STAPLES
WILLIAM BRISMAN, WARDE
TERRELL CUNNINGHAM, DANBURY
WILLIAM LANDOWNE, STAPLES
CHRISTIAN MYERS, STAPLES
BENJAMIN SEIPLE, STAPLES
CHARLIE TAUBL, TRUMBULL
BRADFORD DEMASSA, RIDGEFIELD
ALEX KLARER, DARIEN
BRADLEY FOX, DANBURY
SUNIL GREEN, STAPLES
JAMES JOHNSON, DARIEN
JAMES MANISCALCO, WARDE
TYLER GRANJA, DANBURY
DAN NICHOLS, DANBURY

2016-17 SECOND TEAM

TYLER RUBUSH, TRUMBULL
MAX KOSCHNITZKE, NEW CANAAN
BRIAN MACCORDY, STAPLES
PEDRO PEREIRA, DANBURY
JIMMY CONROY, DARIEN
TYLER GLEEN, TRUMBULL
SPENCER MEAD, DANBURY
TY HOWLEY, RIDGEFIELD
DANNY JAGOE, WARDE
HENRY HAAS, STAPLES
CHRIS ALEGI, TRUMBULL
TREVOR ROCHELLE, TRUMBULL
ALEX MOCARSKI, WARDE
ALEXANDER URBACHN, NEW CANAAN
MICHAEL ST. GEORGE, NEW CANAAN

2017-18 FIRST TEAM

BENJAMIN SEIPLE, STAPLES
WILLIAM LANDOWNE, STAPLES
CHRISTIAN MYERS, STAPLES
ALEX MOCARSKI, WARDE
JAMES MANISCALCO, WARDE
MAX KOSCHNITZKE, NEW CANAAN
MOAH IGRAM, WARDE
TYLER RUBUSH, TRUMBULL
DANNY JAGOE, WARDE
MATHEW BURKE, DANBURY
KABIR CHAVAN, LUDLOWE
AUSTIN HUTCHENS, WARDE
MAYO SMITH, STAPLES
NICHOLAS TAUBENHEIM, STAPLES
DAN NICHOLS, DANBURY

FCIAC CROSS COUNTRY (BOYS)

2017-18 SECOND TEAM

CHRISTOPHER LEPORE, TRUMBULL
TYLER WRIGHT, STAPLES
SUNIL GREEN, STAPLES
ARMANDO ULAJ, TRUMBULL
ALEXANDER URBAHN, NEW CANAAN
CONRAD KAPLAN, STAPLES
GRIFFIN OTT, DARIEN
ANDREW MALLING, NEW CANAAN
RYAN CALDWELL, DANBURY
DANNY SACHS, WESTHILL
ALEXANDER KOSYAKOV, GREENWICH
CEM GERAY, NEW CANAAN
GEORGIOS KARAKADAS, GREENWICH
JACK O'KEEFE, DARIEN
JAMES DUBREUIL, TRUMBULL

2018-19 FIRST TEAM

ANDREW MALLING, NEW CANAAN
DYLAN POMER, WARDE
CHRISTOPHER LEPORE, TRUMBULL
MORGAN FIERRO, STAPLES
NICHOLAS TAUBENHEIM, STAPLES
MAYO SMITH, STAPLES
KABIR CHAVAN, LUDLOWE
JACK WATSON, DANBURY
MALCOLM GOING, DANBURY
HENRY HAAS, STAPLES
JACOB HEFELE, DANBURY
AUSTIN HUTCHENS, WARDE
GREGORY VOGT, WARDE
CHARLES COFFIN, RIDGEFIELD
RYAN CALDWELL, DANBURY

2018-19 SECOND TEAM

CORMAC BROWN, DARIEN
LUKE LORENZ, STAPLES
TEDDY O'KANE, STAPLES
ANDREW ZUCKERMAN, STAPLES
COLIN MCLAUGHLIN, WESTHILL
ETHAN MACKENZIE, RIDGEFIELD
CHARLES NAMIOT, RIDGEFIELD
ALEXANDER BEIN, GREENWICH
AIDAN BYRNE DANBURY
JEREMY GARSKOF, WARDE
SAMUEL SWEENEY, LUDLOWE
OWEN HOPWOOD, TRUMBULL
ETHAN LOVALLO, LUDLOWE
JADEN LITTLE, STAPLES
JOSEPH GREGORY, TRUMBULL

2018-19 FIRST TEAM

ANDREW MALLING, NEW CANAAN
DYLAN POMER, WARDE
CHRISTOPHER LEPORE, TRUMBULL
MORGAN FIERRO, STAPLES
NICHOLAS TAUBENHEIM, STAPLES
MAYO SMITH, STAPLES
KABIR CHAVAN, LUDLOWE
JACK WATSON, DANBURY
MALCOLM GOING, DANBURY
HENRY HAAS, STAPLES
JACOB HEFELE, DANBURY
AUSTIN HUTCHENS, WARDE
GREGORY VOGT, WARDE
CHARLES COFFIN, RIDGEFIELD
RYAN CALDWELL, DANBURY

2018-19 SECOND TEAM

CORMAC BROWN, DARIEN
LUKE LORENZ, STAPLES
TEDDY O'KANE, STAPLES
ANDREW ZUCKERMAN, STAPLES
COLIN MCLAUGHLIN, WESTHILL
ETHAN MACKENZIE, RIDGEFIELD
CHARLES NAMIOT, RIDGEFIELD
ALEXANDER BEIN, GREENWICH
AIDAN BYRNE, DANBURY
JEREMY GARSKOF, WARDE
SAMUEL SWEENEY, LUDLOWE
OWEN HOPWOOD, TRUMBULL
ETHAN LOVALLO, LUDLOWE
JADEN LITTLE, STAPLES
JOSEPH GREGORY, TRUMBULL

2019-20 FIRST TEAM

MORGAN FIERRO, STAPLES
AUSTIN HUTCHENS, WARDE
NICHOLAS TAUBENHEIM, STAPLES
TEDDY O'KANE, STAPLES
JACOB HEFELE, DANBURY
GREGORY VOGT, WARDE
COLIN MCLAUGHLIN, WESTHILL
JACK WATSON, DANBURY
CHARLES NAMIOT, RIDGEFIELD
ALEXANDER BEIN, GREENWICH
DYLAN ROSEMARK, DANBURY
CHARLIE KING, RIDGEFIELD
TREVOR DEMARCO, RIDGEFIELD
SAMUEL SWEENEY, LUDLOWE
CYRUS ASGARI, TRUMBULL

FCIAC CROSS COUNTRY (BOYS)

2019-20 SECOND TEAM

VARUJAN EDWARDS, TRUMBULL
GEORGE LEPSKA, STAPLES
NATHAN CRAMER, LUDLOWE
ETHAN SNYDER, RIDGEFIELD
MAX SOD, STAPLES
ZACHARY TAUBMAN, STAPLES
NICHOLAS KLAIBER, TRUMBULL
DILLON HARDING, STAPLES
JADEN LITTLE, STAPLES
LIAM CARCICH, RIDGEFIELD
JOSEPH GREGORY, TRUMBULL
JON-PAUL KARPf, RIDGEFIELD
ZACHARY JELINEK, GREENWICH
CHAZ DELLACORTE, RIDGEFIELD
DANIEL SORIAL, STAMFORD

PANDEMIC YEAR ALL REGION TEAMS:

2020-21 ALL EAST

NATHAN CRAMER, LUDLOWE
JOSEPH GREGORY, TRUMBULL
JOSEPH CALLANAN, WARDE
ETHAN CARTY, LUDLOWE
ETHAN KOHN, WARDE
BRONSON VO, TRUMBULL
MOHAMMED ABUNAR, TRUMBULL
GRIFFIN BOYLE, LUDLOWE
DAVID CARILLO, TRUMBULL
ELLIOTT BELLO, TRUMBULL
ANTHONY GAMBUTTA, WARDE
ELLIOTT SCHUNK, WARDE
RYAN HASS, TRUMBULL
DEVIN FERREIRA, TRUMBULL
ZANDER EGERVARI, WARDE

2020-21 ALL CENTRAL

CHARLIE KING, RIDGEFIELD
CHARLES NAMIOT, RIDGEFIELD
DAVIS COTE, WILTON
DILLON HARDING, STAPLES
LIAM CARCICH, RIDGEFIELD
JONATHAN LORENZ, STAPLES
BENJAMIN MICKOOL, RIDGEFIELD
MATTHEW MCDONOUGH, RIDGEFIELD
ZACHARY TAUBMAN, STAPLES
RILEY COURTNEY, RIDGEFIELD
MATTHEW MCCORMICK, WILTON
MICHAEL BYRNES, WILTON
GEORGE LEPSKA, STAPLES
ALEX HARRINGTON, STAPLES

2020-21 ALL WEST

COLIN MCLAUGHLIN, WESTHILL

2020-21 ALL WEST (CONT)

LUCA PALAMENTI, NEW CANAAN
LUCAS MADARIAGA, DARIEN
EVAN O'ROURKE, DARIEN
ALESSANDRO MALOGOLI, NEW CANAAN
DAVID LEVINE, GREENWICH
LUKE RIORDAN, DARIEN
ERIK LOPEZ, WESTHILL
TUCKER HEALY, WESTHILL
CHRISTIAN ZAWISLACK, GREENWICH
ANDREW HICKS, WESTHILL
TOMMY TOWERS, NEW CANAAN
AJAMO CARRABY-JONES, NEW CANAAN
JACOB KOZAR, NEW CANAAN
ALBERT CARRENO, DARIEN

2021-22 FIRST TEAM

NATHAN CRAMER, LUDLOWE
ZACHARY TAUBMAN, STAPLES
MATTHEW MCDONOUGH, RIDGEFIELD
MOHAMMED ABUNAR, TRUMBULL
STEVEN HERGENROTHER, RIDGEFIELD
JACK DOVARAS, RIDGEFIELD
MICHAEL BYRNES, WILTON
JALEN ST. FORT, STAPLES
BENJAMIN MICKOOL, RIDGEFIELD
JOSEPH CALLANAN, WARDE
ZACHARY JELINEK, GREENWICH
EVAN O'ROURKE, DARIEN
BRONSON VO, TRUMBULL
HENRI VIELTOJARVI, RIDGEFIELD
BENJAMIN LORENZ, STAPLES

2021-22 SECOND TEAM

ETHAN CARTY, LUDLOWE
CHRISTIAN ZAWISLACK, GREENWICH
PARKER BRODERICK, WARDE
RYAN SCAPPATICCI, DANBURY
GRIFFIN BLOOD, RIDGEFIELD
ALEX HARRINGTON, STAPLES
NICK YOO, DARIEN
JAMES CUNNINGHAM, WARDE
THOMAS SKELTON, DARIEN
QUINN COLLINS, GREENWICH
LIAM EDSON, RIDGEFIELD
DEVON ROSEMARK, DANBURY
DANIEL GOLDBERG, WESTHILL
GEORGE KOCADAG, STAPLES
MALCOLM MCCORMICK, WILTON

FCIAC CROSS COUNTRY (BOYS)

2022-23 FIRST TEAM

STEVEN HERGENROTHER, RIDGEFIELD
PARKER BRODERICK, WARDE
DAVID CARILLO, TRUMBULL
DEVON ROSEMARK, DANBURY
LIAM EDSON, RIDGEFIELD
MICHAEL BYRNES, WILTON
BEN LORENZ, STAPLES
CHRISTIAN ZAWISLACK, GREENWICH
JOSHUA ROOS, DANBURY
JAMES CUNNINGHAM, WARDE
MICHAEL KOMISKY, DANBURY
ZACHARY ALLEN, STAPLES
RYAN PEREIRA, DANBURY
MATTHEW FLEMING, STAPLES
MORGAN SAMUEL, STAPLES

2023-24 SECOND TEAM

TREVOR FULLER, RIDGEFIELD
ALEXANDER COHEN, WILTON
RYAN BOULANGER, NEW CANAAN
CALUM MADIGAN, STAPLES
ALEXANDER GLENN, RIDGEFIELD
AIDAN NELSON, RIDGEFIELD
CHARLES WILLIAMSON, WARDE
MATTEO CHIESARA, GREENWICH
BANKS VALENTINE, WESTHILL
OWEN GLUCK, DARIEN
NATHAN MARUFFI, DANBURY
BRADEN BARBER, NEW CANAAN
ALEX NEVES, DANBURY
CHASE NIZIELSKI, GREENWICH
OLIVER SAMUEL, STAPLES

2022-23 SECOND TEAM

WILLIAM FITCH, STAPLES
KYLE JEFFERS, DANBURY
MAGNUS MANLEY, RIDGEFIELD
ALEXANDER COHEN, WILTON
ELIAS ALVARADO, DANBURY
CHRISTOPHER BISHOP, DANBURY
THOMAS SKELTON, DARIEN
SULLIVAN DUNN, RIDGEFIELD
RYAN KLAIBER, TRUMBULL
DANIEL GOLDBERG, WESTHILL
NICK YOO, DARIEN
DENIS PROSKURYAKOV, STAMFORD
CHARLES WILLIAMSON, WARDE
RYAN BOULANGER, NEW CANAAN
SAMUEL ZWICK-LAVINSKY, STAPLES

2023-24 FIRST TEAM

STEVEN HERGENROTHER, RIDGEFIELD
PARKER BRODERICK, WARDE
MAGNUS MANLEY, RIDGEFIELD
SAMUEL ZWICK-LAVINSKY, STAPLES
MORGAN SAMUEL, STAPLES
CHARLES LOVETT, RIDGEFIELD
ELIAS ALVARADO, DANBURY
MICHAEL KOMISKY, DANBURY
KYLE JEFFERS, DANBURY
CHRISTOPHER BISHOP, DANBURY
DEVON ROSEMARK, DANBURY
SULLIVAN DUNN, RIDGEFIELD
DAVID CARILLO, TRUMBULL
HARJAAP SINGH, TRUMBULL
CHRISTIAN ZAWISLACK, GREENWICH