

VOLLEYBALL GIRLS

Revised February 2024

I. RULES

A. CIAC

1. Opening date of practice is determined by CIAC
2. Date of first game is determined by CIAC
3. National Federation Rules and CIAC Tournament rules are followed for all games.
4. Maximum number of games per season is 20 exclusives of FCIAC and CIAC tournament games
5. Limit of games to be scheduled per week is 3, with exception of makeups
6. All Sports Teams and individual athletes must have a minimum of 10 physical exertional school practice days before the date of the first scheduled competition
7. No team/athlete shall practice/compete with their school more than 6 consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy.

B. FCIAC

1. All make-ups are to be played on the next mutually open date with facility availability taken into consideration. Saturdays are mandated make-up days during the last two weeks of the regular season. Sunday's can be used by mutual consent.
2. Starting times are scheduled for 4:00 pm and the host school can adjust as they prefer.
3. Varsity matches are 3 out of 5 games. JV matches are 2 out of 3. Freshmen games are 3 out of 5 games.
4. Schools are required to have 2 adult no family member linespersons at all scheduled league games
5. No player may play in a full varsity match and also participate in a full JV match
6. In season filming of opponents is not permitted during preseason scrimmages or regular season games.

II. DETERMINING SCHEDULING

- A. Makeup of the divisions will be as determined as written in the FCIAC League Operations; 3. Scheduling; e. Establishment of divisions.
- B. The girls' volleyball schedule will follow the league two-year scheduling policy when all 16 schools' field a team and will flip home and away in second year.

III. DETERMINATION OF A CHAMPION

- A. Each school will play all other schools in the league. All league games must be played or the team declaring the cancellation shall lose by default.
- B. Tournament: 8 team tournament, rank order #1 to 8 by record (see IV below), #8 plays @ #1, #7 plays @ #2, #6 plays @ #3, #5 plays @ #4. The semi-finals and finals follow at a predetermined site.

- C. The highest remaining seed after the quarterfinals will have the option to play in the first or second game of the semi-finals.

IV. TOURNAMENT – 8 TEAM TOURNAMENT

- A. Resolving a tie between 2 teams
 - a. Competition with each other
 - i. If game won by one team, they are the higher seed.
- B. Resolving ties in points between 3 or more teams
 - a. If one team defeated all other teams, they will be seeded highest.
 - b. If two teams remain, they will be ranked by competition with each other (see a. above)
 - c. If not resolved by (a.) then
 - i. all teams in the league are placed in rank order.
 - ii. team which defeated the highest seeded team will be seeded highest of the teams in the tie.
 - iii. If number is now reduced to two team, team winning the game between the two teams is seeded next highest.
 - iv. If a tie can still not be broken a coin flip will be used to determine the rank order for the playoffs which could include eliminating a team from the top 8.
 - 1. Once a team is eliminated from a three way tie you go back to (A.) to determine further order.
 - v. This procedure is also used to determine division champion.

IV. OFFICIALS

- A. Rated officials are to be used in all Varsity, JV and Freshmen games
- B. FCIAC assigner will assign officials for all Varsity, JV and Freshmen games

V. AWARDS

All awards will be given at the conclusion of the Championship Game

- A. FCIAC trophies are awarded to each Division Winner
- B. A trophy will be awarded to the runner-up team
- C. Championship medals (15) will be awarded to the players on the Championship Team
- D. A Championship Plaque will be awarded to the winning team
- E. MVP Tournament Award: the recipient(s) will be selected by a committee of at least 3 coaches who are present at the Semi-final and Final games
- F. All Conference Teams:
 - 1. Based on their play during the league season, players will be selected for post-season recognition. The teams are 1st Team All-FCIAC, 2nd Team All-FCIAC, 3rd Team All-FCIAC and Honorable Mention.
 - 2. Prior to the end-of-season coaches meeting, coaches will nominate the top players from their team for consideration to one of the teams. These nominations will be sent to a designated representative who will compile all the names in a nomination packet. At the meeting, the coaches will be able to make deletions from the original nominations, but no additions. Also, statistics may be updated at this meeting. 1st Team All-FCIAC will be voted for first and the 6 top vote getters will be selected for that team. (If there is a tie, the

coaches may vote to put more than 6 players on any of the teams.) All of the players who did not get selected to the 1st team will automatically move down for possible selection to the 2nd or 3rd teams. Each coach present at the meeting will have one selection for the Honorable Mention All-FCIAC team.