

2025 FCIAC Outdoor Track and Field Championship - Danbury High School - 5/24/2025

Order of Events - FCIAC Records - 2024 Top 3 Places

	Event	FCIAC Record in Bold
Girls	4x800 Relay	FCIAC Record: 9:06.83 Ridgefield 2005
2024 Top 3	4x800 Relay	(1) 9:40.71 Ridgefield (2) 9:47.57 Ludlowe (3) 9:58.64 Greenwich
Boys	4x800 Relay	FCIAC Record: 7:42.11 Staples 2013
2024 Top 3	4x800 Relay	(1) 8:06.05 Greenwich (2) 8:15.89 Danbury (3) 8:16.59 Ridgefield
Girls	4x100 Relay	FCIAC Record: 46.62 Danbury 2005
2024 Top 3	4x100 Relay	(1) 48.81 Ridgefield (2) 48.93 Danbury (3) 49.43 McMahon
Boys	4x100 Relay	FCIAC Record: 41.40 Danbury 2024
2024 Top 3	4x100 Relay	(1) 41.40 Danbury (2) 42.37 Ridgefield (3) 43.50 Norwalk
Girls	100 Hurdles	FCIAC Record: 14.16 Chiaravelle/Danbury 2016
2024 Top 3	100 Hurdles	(1) 15.20 Robles/Danbury (2) 15.27 LaBant/Wilton (3) 15.60 Riche/Greenwich
Boys	110 Hurdles	FCIAC Record: 13.80 Myrick/McMahon 1966
2024 Top 3	110 Hurdles	(1) 15.20 Ward/Danbury (2) 15.89 Blake/Warde (3) 15.94 Bruneus/St. Joseph
Girls	100 Dash	FCIAC Record: 11.65 Green/Danbury 2010
2024 Top 3	100 Dash	(1) 12.43 Cook/Danbury (2) 12.71 O'Brien/Ridgefield (3) 12.82 Salmore/Ridgefield
Boys	100 Dash	FCIAC Record: 10.58 McCarthy/Ridgefield 2008
2024 Top 3	100 Dash	(1) 10.74 Henry/Danbury (2) 10.95 Hudson/Norwalk (3) 11.02 Atuahene/Danbury
Girls	1600 Run	FCIAC Record: 4:42.61 Hopp/Greenwich 1981
2024 Top 3	1600 Run	(1) 5:01.74 Friedman/Greenwich (2) 5:03.04 Malagisi/Ridgefield (3) 5:10.05 Spelman/Warde
Boys	1600 Run	FCIAC Record: 4:05.04 Wynne/Staples
2024 Top 3	1600 Run	(1) 4:18.22 Manley/Ridgefield (2) 4:18.25 Lovett/Ridgefield (3) 4:19.26 Jeffers/Danbury
Girls	400 Dash	FCIAC Record: 55.75 Sulger/Darien 2014
2024 Top 3	400 Dash	(1) 59.77 Taylor/Danbury (2) 1:00.27 Matthews/St. Joseph (3) 1:00.85 Ferraro/Staples
Boys	400 Dash	FCIAC Record: 47.78 Pierre/McMahon 2014
2024 Top 3	400 Dash	(1) 50.11 Goldenberg/Greenwich (2) 50.19 Perez/Triumbull (3) 51.47 O'Keefe/Trumbull
Girls	300 Hurdles	FCIAC Record: 43.41 Nixon/Staples 1984
2024 Top 3	300 Hurdles	(1) 45.75 Robles/Danbury (2) 45.85 Mathews/Ridgefield (3) 46.81 Luma/Norwalk

Boys	300 Hurdles	FCIAC Record: 37.58 Ramos/Central 2001
2024 Top 3	300 Hurdles	(1) 41.46 Webb/Ridgefield (2) 41.72 Forrest/Ludlowe (3) 41.78 Hordon/Staples
Girls	800 Run	FCIAC Record: 2:10.66 Dougherty/NC 1981
2024 Top 3	800 Run	(1) 2:16.50 Blake/Darien (2) 2:19.29 Olsen/Ridgefield (3) 2:22.71 Byrne/Ridgefield
Boys	800 Run	FCIAC Record: 1:49.93 Wynne/Staples 2013
2024 Top 3	800 Run	(1) 1:56.50 Hergenrother/Ridgefield (2) 1:56.58 Rosemark/Danbury (3) 1:57.56 Manley/Ridgefield
Girls	200 Dash	FCIAC Record: 24.40 Greene/Danbury 2010
2024 Top 3	200 Dash	(1) 25.44 Spengler/Ludlowe (2) 25.48 Cook/Danbury (3) 26.48 Young/Danbury
Boys	200 Dash	FCIAC Record: 21.41 Lorick/Danbury 2007
2024 Top 3	200 Dash	(1) 21.75 Henry/Danbury (2) 22.22 Boyle/Ridgefield (3) 22.60 You/Greenwich
Girls	3200 Run	FCIAC Record: 10:04.37 Hopp/Greenwich 1981
2024 Top 3	3200 Run	(1) 11:03.83 Friedman/Greenwich (2) 11:05.09 Malagisi/Ridgefield (3) 11:28.97 Mancuso/Wilton
Boys	3200 Run	FCIAC Record: 8:43.93 Ostberg/Darien 2015
2024 Top 3	3200 Run	(1) 9:37.90 Hergenrother/Ridgefield (2) 9:39.16 Zwick-Lavinsky/Staples (3) 9:42.68 Humphrey/Ridge.
Girls	4x400 Relay	FCIAC Record: 3:50.84 Danbury 2009
2024 Top 3	4x400 Relay	(1) 4:01.53 Ridgefield (2) 4:08.72Darien (3) 4:09.70 Danbury
Boys	4x400 Relay	FCIAC Record: 3:17.88 Danbury 2017
2024 Top 3	4x400 Relay	(1) 3:24.16 Danbury (2) 3:25.91 Trumbull (3) 3:26.02 Greenwich
Girls	High Jump	FCIAC Record: 5'10" Nixon/Staples 1984
2024 Top 3	High Jump	(1) 5'0" Armstrong/Greenwich (2) 4'10" Viggiano/Wilton (2) 4'10" Roberts/Norwalk
Boys	High Jump	FCIAC Record: 7'0.25" Scott/Greenwich 2017
2024 Top 3	High Jump	(1) 6'4" Sweeney/Trumbull (2) 5'8" Kinnie/Darien (3) 5'8" Newton/Central
Girls	Pole Vault	FCIAC Record: 12'6.25" Bone 2010
2024 Top 3	Pole Vault	(1) 9'6 Pettit Amaral/Wilton (2) 9'0" Primmer/Darien (3) 9'0" Panarese/Ludlowe
Boys	Pole Vault	FCIAC Record: 16'0" Rough/Westhill 2015
2024 Top 3	Pole Vault	(1) 13'6" Horrigan/Westhill (2) 13'0" Yeagerr/Wilton (3) 13'0" Meier/Darien
Girls	Long Jump	FCIAC Record: 19'3.5" Lacey/Darien 2013
2024 Top 3	Long Jump	(1) 17'1.75" Thompson/Ridgefield (2) 16'5.5" Caldwell/Central (3) 16'4" Abis/Staples

Boys	Long Jump	FCIAC Record: 24'1.25" Forde/McMahon 2019
2024 Top 3	Long Jump	(1) 21'0" Wilkins/Norwalk (2) 21'5.75" Joyner/Danbury (3) 20'6.25" Pierre/Staples
Girls	Triple Jump	FCIAC Record: 38'2" Williams/Norwalk 2008
2024 Top 3	Triple Jump	(1) 37'9" Rayment/Wilton (2) 35'11.75" Cerney/Ludlowe (3) 35'10.75" Caldwell/Central
Boys	Triple Jump	FCIAC Record: 51'9" Forde/McMahon 2019
2024 Top 3	Triple Jump	(1) 43'0" Joyner/Danbury (2) 41'8.25" Pierre/Staples (3) 40'11 Forrest/Ludlowe
Boys	Discus	FCIAC Record: 176'11" Shinner/Staples 1967
2024 Top 3	Discus	(1) 140'8" Lydon/New Canaan (2) 131'11" Liles/Norwalk (3) 121'3" Konstantinidis/Trumbull
Girls	Javelin	FCIAC Record: 152'7" Gravette/Ridgefield 2013
2024 Top 3	Javelin	(1) 125'11" Marin/Trumbull (2) 121'1" Smith/New Canaan (3) 107'4" Flodd/Westhill
Boys	Shot Put	FCIAC Record: 59'8.5" Serricchio/Ripp. 1973
2024 Top 3	Shot Put	(1) 51'7" Baker/Norwalk (2) 48'7" Liles/Norwalk (3) 46'.25" Torres/Norwalk
Girls	Discus	FCIAC Record: 132'3" McMillian/Stamford 2006
2024 Top 3	Discus	(1) 113'8" Marin/Trumbull (2) 111'4" Smith/New Canaan (3) 91'3" Ulaj/Westhill
Boys	Javelin	FCIAC Record: 212'9" Simalchik/Danbury 2009
2024 Top 3	Javelin	(1) 159'3" Cunningham/Darien (2) 141'11" Smuckler/Ridgefield (3) 141'4" Bloechle/Ridgefield
Girls	Shot Put	FCIAC Record: 49'4" McMillian/Stamford 2006
2024 Top 3	Shot Put	(1) 35'5" Smith/New Canaan (2) 34'6.5" Kaczmarczyk/St. Joseph (3) 33'5" Knuth/Greenwich

History of the FCIAC Boys and Girls Outdoor Track and Field Champions

Past Boys Champions: 2024-Ridgefield; 2023-Greenwich; 2022-Greenwich; 2021-Danbury; 2020-COVID; 2019-Ridgefield; 2018-Danbury; 2017-Danbury; 2016-Danbury; 2015-Danbury; 2014-Danbury; 2013-Staples; 2012-Staples; 2011-Danbury; 2010-Danbury; 2009-Danbury; 2008-Danbury; 2007-Danbury; 2006-Danbury; 2005-Danbury; 2004-Danbury; 2003-Danbury; 2002-Danbury; 2001-Danbury; 2000-McMahon; 1998-Danbury; 1997-Trumbull; 1996-Trumbull; 1995-Danbury; 1994-Stamford; 1993-Danbury; 1992-Stamford; 1991-Stamford; 1990-Staples/Greenwich; 1989-Staples; 1988-Staples; 1987-Staples; 1986-Westhill; 1985-Westhill; 1984-Stamford; 1983-Stamford; 1982-Darien; 1981-Trumbull; 1980-Trumbull; 1979-Westhill; 1978-Darien; 1977-Ridgefield; 1976-Greenwich; 1975-Trumbull; 1974-Stamford; 1973-New Canaan; 1972-Rippowam; 1971-Rippowam; 1970-Rippowam; 1969-Darien; 1968-Rippowam; 1967-Darien; 1966-Rippowam; 1965-Staples; 1964-Staples; 1963-Rippowam; 1962-Greenwich; 1961-Stamford





Past Girls Champions: 2024-Ridgefield; 2023-Ludlowe; 2022-Danbury; 2021-Staples; 2020-COVID; 2019-Danbury; 2018-Danbury; 2017-Danbury; 2016-Danbury; 2015-Staples; 2014-Darien; 2013-Staples; 2012-Darien; 2011-Danbury; 2010-Danbury; 2009-Danbury; 2008-Darien; 2007-Danbury; 2006-Ridgefield; 2005-Ridgefield; 2004-Danbury; 2003-New Canaan; 2002-Danbury; 2001-New Canaan; 2000-New Canaan; 1999-New Canaan; 1998-New Canaan; 1997-Stamford; 1996-Stamford; 1995-Stamford; 1994-Stamford; 1993-Danbury; 1992-Ridgefield; 1991-Ridgefield; 1990-Staples; 1989-Staples; 1988-Staples; 1986-Darien; 1985-Darien; 1984-Greenwich; 1983-Wilton; 1982-Darien; 1981-Darien; 1980-Greenwich; 1979-Darien; 1978-Darien; 1977-Darien; 1976-Westhill; 1975-Staples



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