

Girls FCIAC Swim Championship 2025 - 10/29/2025 to 11/1/2025

Results - Swimming Finals

Event 1 Girls 200 Yard Medley Relay

FCIAC: 1:44.50 * 2023

Greenwich

P. Foster, S. Jee, S. Bozkurt, S. Wang

1:44.15 AA Auto. All-American

1:45.41 2024 Champion

1:46.22 AAC AAmericanConsideratn

Team		Relay		Prelim Time	Finals Time
A - Final					
1	Greenwich High School	A		1:50.71	1:47.74
	1) Julia Kozma JR	2) Isabel Guzman SR	3) Kensington Worden JR	4) Wesley Wales SR	
	27.28	58.76 (31.48)	1:24.29 (25.53)	1:47.74 (23.45)	
2	Norwalk & McMahon High School	A		1:49.88	1:49.09
	1) Kate Fedor SR	2) Emma Giafardino SO	3) Mackenzie Grey SR	4) Chloe Ableman SR	
	27.24	57.11 (29.87)	1:24.48 (27.37)	1:49.09 (24.61)	
3	Ridgefield HS	A		1:50.21	1:49.21
	1) Mairead Luhman JR	2) Dalia Katra JR	3) Vivienne Walsh FR	4) Mary Kelly FR	
	27.97	58.12 (30.15)	1:25.22 (27.10)	1:49.21 (23.99)	
4	Wilton High School	A		1:50.85	1:50.02
	1) Vedha Kongettira JR	2) Maya Kreuzer JR	3) Maryn Brooks SO	4) Megan Lussier JR	
	27.48	59.22 (31.74)	1:26.21 (26.99)	1:50.02 (23.81)	
5	Fairfield Ludlowe	A		1:54.69	1:52.33
	1) Maddie White SO	2) Georgia Theodorsen SR	3) Ella Gussen SR	4) Nora Donahue FR	
	30.55	59.99 (29.44)	1:26.52 (26.53)	1:52.33 (25.81)	
6	Darien High School	A		1:54.31	1:54.11
	1) Caitlin Martin FR	2) Caroline Gies JR	3) Heili Jalakas JR	4) Varvara Ivashevich FR	
	28.37	1:00.78 (32.41)	1:28.61 (27.83)	1:54.11 (25.50)	
7	Trumbull High School	A		1:54.85	1:55.04
	1) Noelle Ivanovich FR	2) Charlotte Nguyen SO	3) Jessica Nagel SR	4) Alexis Abellard SR	
	27.65	1:03.76 (36.11)	1:31.04 (27.28)	1:55.04 (24.00)	
8	New Canaan High School	A		1:56.33	1:55.82
	1) Emily Pastushan SR	2) Kaitlyn Knowles JR	3) Sydney Bonheur SO	4) Lily Smock SR	
	29.49	1:01.32 (31.83)	1:30.13 (28.81)	1:55.82 (25.69)	
B - Final					
9	Fairfield Warde High School	A		1:59.97	1:57.63
	1) Adrianna Spelman JR	2) Lillian White-Charles JR	3) Nandini Bhattacharya JR	4) Lila Micknak SO	
	26.53	1:00.71 (34.18)	1:29.56 (28.85)	1:57.63 (28.07)	
10	Staples High School	A		2:08.64	2:06.05
	1) Alex Villanueva FR	2) Emilia Vinbor Costa Santos FR	3) Mia Chevrier FR	4) Adelaide (Addie) Mulvehill SO	
	33.88	1:06.29 (32.41)	1:38.11 (31.82)	2:06.05 (27.94)	
11	St Josephs High School	A		2:09.18	2:10.10
	1) Elizabeth Golino SO	2) Catherine Kopchick SO	3) Claire D'Souza FR	4) Molly Mercier JR	
	34.79	1:11.93 (37.14)	1:42.66 (30.73)	2:10.10 (27.44)	
12	Danbury High School	A		2:18.45	2:19.32
	1) Julia Istambouli FR	2) Sarahi Ledesma-Valverde SR	3) Jenavieve Hannon SR	4) Rafaella Lopez-Gibbons FR	
	29.23	1:10.76 (41.53)	1:47.10 (36.34)	2:19.32 (32.22)	
---	Greenwich High School	B		1:54.98	X1:52.53
	1) Alden Charette FR	2) Olivia DeVries SO	3) Meredith McDermott FR	4) Annalie Whitridge SO	
	28.49	1:00.36 (31.87)	1:27.76 (27.40)	1:52.53 (24.77)	
---	Ridgefield HS	B		1:55.99	X1:54.42
	1) Lauren Crawford SO	2) Kathleen Sullivan JR	3) Juliette Arencibia SR	4) Avery Kelly SO	
	28.55	1:01.13 (32.58)	1:28.84 (27.71)	1:54.42 (25.58)	
---	Norwalk & McMahon High School	B		2:02.40	X2:02.73
	1) Joyce Chen FR	2) Sabrina Goldstein JR	3) Kylee Grey SO	4) Mia Hickman SR	
	32.89	1:05.92 (33.03)	1:34.76 (28.84)	2:02.73 (27.97)	

Girls FCIAC Swim Championship 2025 - 10/29/2025 to 11/1/2025

Results - Swimming Finals

B - Final ... (Event 1 Girls 200 Yard Medley Relay)

Team	Relay	Prelim Time	Finals Time
--- New Canaan High School	B	2:02.52	X2:04.13
1) Kathryn Iacono SO	2) Maya Srivastava FR	3) Tilly Doak JR	4) Victoria Tremblay JR
1:06.22	1:35.58 (29.36)	2:04.13 (28.55)	2:04.13 ()

Event 2 Girls 200 Yard Freestyle

FCIAC: 1:47.83 * 2020 Meghan Lynch GHS Greenwich

1:48.81 AA Auto. All-American

1:50.65 AAC AAmericanConsideratn

1:51.33 2024 Champion

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Zsofia Milak	FR	Ridgefield HS	1:51.88	1:52.57
25.39	52.92 (27.53)	1:21.88 (28.96)	1:52.57 (30.69)	
2 Ava Ward	SR	Ridgefield HS	1:56.16	1:53.07
26.16	54.72 (28.56)	1:24.03 (29.31)	1:53.07 (29.04)	
3 Melissa Geiger	SR	Greenwich High School	1:55.10	1:54.28
26.48	55.26 (28.78)	1:24.79 (29.53)	1:54.28 (29.49)	
4 Maegan Grisanti	JR	St Josephs High School	1:55.02	1:54.35
26.65	55.23 (28.58)	1:24.86 (29.63)	1:54.35 (29.49)	
5 Carly Waldman	SR	Staples High School	1:56.60	1:56.37
26.71	55.83 (29.12)	1:26.02 (30.19)	1:56.37 (30.35)	
6 Elsa Wang	FR	Greenwich High School	1:56.54	1:56.71
27.16	56.51 (29.35)	1:26.45 (29.94)	1:56.71 (30.26)	
7 Lillian White-Charles	JR	Fairfield Warde High School	1:56.78	1:57.09
26.99	56.45 (29.46)	1:27.17 (30.72)	1:57.09 (29.92)	
8 Ainsley Sahrbeck	SR	Greenwich High School	1:58.00	1:57.47
26.90	56.12 (29.22)	1:26.44 (30.32)	1:57.47 (31.03)	

B - Final

9 Emmy Beach	SR	St Josephs High School	1:58.29	1:56.05
26.84	55.71 (28.87)	1:25.57 (29.86)	1:56.05 (30.48)	
10 Ellie Griffin	SO	Ridgefield HS	2:00.21	1:57.60
26.16	55.68 (29.52)	1:26.05 (30.37)	1:57.60 (31.55)	
11 Isadora Nassa	JR	Greenwich High School	1:58.96	1:57.87
27.38	56.91 (29.53)	1:27.55 (30.64)	1:57.87 (30.32)	
12 Cora Huang	JR	New Canaan High School	2:01.23	2:00.88
28.02	57.89 (29.87)	1:29.42 (31.53)	2:00.88 (31.46)	
13 Eliza Swaggart	FR	Darien High School	2:02.63	2:02.41
28.28	59.00 (30.72)	1:30.76 (31.76)	2:02.41 (31.65)	
14 Emma Bieliauskaite	JR	New Canaan High School	2:01.79	2:03.68
28.18	59.01 (30.83)	1:31.09 (32.08)	2:03.68 (32.59)	
15 Mary Staecker	SO	Fairfield Ludlowe	2:04.88	2:04.91
28.71	1:00.03 (31.32)	1:32.34 (32.31)	2:04.91 (32.57)	
16 Phoebe Setten	JR	Staples High School	2:04.78	2:05.74
29.71	1:01.49 (31.78)	1:33.98 (32.49)	2:05.74 (31.76)	

Event 3 Girls 200 Yard IM

FCIAC: 2:01.55 * 2018 Meghan Lynch GHS Greenwich

2:01.47 AA Auto. All-American

2:03.99 AAC AAmericanConsideratn

2:05.41 2024 Champion

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Ella Gussen	SR	Fairfield Ludlowe	2:07.43	2:05.79
27.69	58.35 (30.66)	1:35.33 (36.98)	2:05.79 (30.46)	

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A - Final ... (Event 3 Girls 200 Yard IM)

Name		Yr	School	Prelim Time	Finals Time
2	Ellison Charette	JR	Greenwich High School	2:09.80	2:08.87
	28.44	1:02.72 (34.28)	1:39.65 (36.93)	2:08.87 (29.22)	
3	Mary Kelly	FR	Ridgefield HS	2:10.77	2:10.13
	28.41	1:01.15 (32.74)	1:40.89 (39.74)	2:10.13 (29.24)	
4	Julia Kozma	JR	Greenwich High School	2:11.55	2:10.78
	28.55	1:00.92 (32.37)	1:40.83 (39.91)	2:10.78 (29.95)	
5	Leni So	SR	New Canaan High School	2:13.03	2:11.72
	28.51	1:01.31 (32.80)	1:39.28 (37.97)	2:11.72 (32.44)	
6	Caroline Gies	JR	Darien High School	2:13.27	2:12.92
	29.06	1:01.97 (32.91)	1:41.03 (39.06)	2:12.92 (31.89)	
7	Kaitlyn Knowles	JR	New Canaan High School	2:13.79	2:13.04
	28.83	1:03.12 (34.29)	1:41.39 (38.27)	2:13.04 (31.65)	
8	Sara Jee	SO	Greenwich High School	2:13.24	2:14.73
	28.75	1:02.74 (33.99)	1:42.01 (39.27)	2:14.73 (32.72)	

B - Final

9	Charlie Palmer	FR	Ridgefield HS	2:16.49	2:13.67
	29.14	1:01.69 (32.55)	1:42.98 (41.29)	2:13.67 (30.69)	
10	Isabel Guzman	SR	Greenwich High School	2:14.23	2:13.85
	29.50	1:04.71 (35.21)	1:42.51 (37.80)	2:13.85 (31.34)	
11	Delaney Goralnick	FR	Ridgefield HS	2:17.09	2:16.25
	29.19	1:02.89 (33.70)	1:45.35 (42.46)	2:16.25 (30.90)	
12	Isla Cunniffe	SR	Norwalk & McMahon High School	2:17.84	2:17.49
	29.49	1:05.32 (35.83)	1:45.95 (40.63)	2:17.49 (31.54)	
13	Carmen Blanco	JR	Westhill and Stamford HS	2:18.93	2:17.54
	30.43	1:05.12 (34.69)	1:45.27 (40.15)	2:17.54 (32.27)	
14	Elizabeth Veeder	SR	Darien High School	2:18.95	2:19.39
	30.99	1:05.47 (34.48)	1:47.66 (42.19)	2:19.39 (31.73)	
15	Rhaya Londono	FR	Norwalk & McMahon High School	2:20.65	2:20.31
	30.61	1:07.14 (36.53)	1:47.51 (40.37)	2:20.31 (32.80)	
16	Heili Jalakas	JR	Darien High School	2:20.05	2:21.00
	29.68	1:04.47 (34.79)	1:48.11 (43.64)	2:21.00 (32.89)	

Event 4 Girls 50 Yard Freestyle

FCIAC:	22.77	*	2021	Annam Olasewere SHS	Staples
	23.06	AA Auto. All-American			
	23.48	AAC AAmericanConsideratn			
	24.00	2024 Champion			

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Wesley Wales	SR	Greenwich High School	24.42	24.22
2	Adrianna Spelman	JR	Fairfield Warde High School	24.59	24.25
3	Kensington Worden	JR	Greenwich High School	24.30	24.26
4	Vedha Kongettira	JR	Wilton High School	24.49	24.32
5	Megan Lussier	JR	Wilton High School	24.56	24.47
6	Alexis Abellard	SR	Trumbull High School	24.65	24.60
7	Dalia Katra	JR	Ridgefield HS	24.94	24.95
8	Caitlin Martin	FR	Darien High School	24.77	25.19

B - Final

9	Chloe Archibald	SO	Ridgefield HS	25.24	25.41
10	Julia Istambouli	FR	Danbury High School	25.65	25.42
11	Chloe Ableman	SR	Norwalk & McMahon High School	25.43	25.57
12	Lily Norton	SR	Greenwich High School	25.60	25.62
13	Maryn Brooks	SO	Wilton High School	25.58	25.75

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Results - Swimming Finals

B - Final ... (Event 4 Girls 50 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time
14	Norah Eldredge	SO	Greenwich High School	25.67	25.82
15	Lillian Schilling	SR	Darien High School	25.86	25.85
16	Theresa Kelly	SR	New Canaan High School	25.44	26.05

Event 6 Girls 100 Yard Butterfly

FCIAC:	53.68	*	2024	Lily Archibald RHS	Ridgefield
	53.68		2024 Champion		
	54.29		AA Auto. All-American		
	55.44		AAC AAmericanConsideratn		

	Name	Yr	School	Prelim Time	Finals Time
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A - Final

1	Melissa Geiger	SR	Greenwich High School	57.69	56.97
	27.53		56.97 (29.44)		
2	Maegan Grisanti	JR	St Josephs High School	57.66	57.11
	26.97		57.11 (30.14)		
3	Emma Giarfardino	SO	Norwalk & McMahon High School	58.56	57.69
	27.20		57.69 (30.49)		
4	Julia Kozma	JR	Greenwich High School	57.86	58.15
	27.38		58.15 (30.77)		
5	Vivienne Walsh	FR	Ridgefield HS	59.46	59.88
	28.31		59.88 (31.57)		
6	Delaney Goralnick	FR	Ridgefield HS	1:01.32	1:00.44
	28.82		1:00.44 (31.62)		
7	Norah Eldredge	SO	Greenwich High School	1:01.27	1:00.60
	28.43		1:00.60 (32.17)		
8	Mackenzie Grey	SR	Norwalk & McMahon High School	1:01.42	1:01.56
	28.73		1:01.56 (32.83)		

B - Final

9	Cora Huang	JR	New Canaan High School	1:02.08	1:01.59
	29.81		1:01.59 (31.78)		
10	Jessica Nagel	SR	Trumbull High School	1:01.81	1:01.62
	28.49		1:01.62 (33.13)		
11	Heili Jalakas	JR	Darien High School	1:01.88	1:01.82
	29.20		1:01.82 (32.62)		
12	Maryn Brooks	SO	Wilton High School	1:01.93	1:01.96
	28.87		1:01.96 (33.09)		
13	Meredith McDermott	FR	Greenwich High School	1:01.62	1:01.97
	29.00		1:01.97 (32.97)		
14	Olivia McLaughlin	SO	Ridgefield HS	1:02.80	1:02.79
	30.70		1:02.79 (32.09)		
15	Juliette Arencibia	SR	Ridgefield HS	1:02.35	1:03.85
	29.18		1:03.85 (34.67)		
16	Isla Cunniffe	SR	Norwalk & McMahon High School	1:03.63	1:04.33
	31.13		1:04.33 (33.20)		

Girls FCIAC Swim Championship 2025 - 10/29/2025 to 11/1/2025

Results - Swimming Finals

Event 7 Girls 100 Yard Freestyle

FCIAC: 50.12 * 2022 Annam Olasewere SHS Staples

50.13 AA Auto. All-American

50.99 AAC AAmericanConsideratn

51.38 2024 Champion

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Wesley Wales	SR	Greenwich High School	51.73	51.68
	25.45		51.68 (26.23)		
2	Ava Ward	SR	Ridgefield HS	53.72	51.83
	25.44		51.83 (26.39)		
3	Vedha Kongettira	JR	Wilton High School	52.81	52.82
	25.89		52.82 (26.93)		
4	Megan Lussier	JR	Wilton High School	53.47	52.94
	25.96		52.94 (26.98)		
5	Kensington Worden	JR	Greenwich High School	52.99	53.06
	25.52		53.06 (27.54)		
6	Mary Kelly	FR	Ridgefield HS	52.92	53.20
	26.17		53.20 (27.03)		
7	Kate Fedor	SR	Norwalk & McMahon High School	54.39	54.75
	26.25		54.75 (28.50)		
8	Mairead Luhman	JR	Ridgefield HS	54.31	54.76
	26.36		54.76 (28.40)		
B - Final					
9	Ellie Griffin	SO	Ridgefield HS	54.53	53.83
	25.84		53.83 (27.99)		
10	Noelle Ivanovich	FR	Trumbull High School	55.20	54.07
	25.97		54.07 (28.10)		
11	Alexis Abellard	SR	Trumbull High School	54.46	54.56
	26.23		54.56 (28.33)		
12	Chloe Ableman	SR	Norwalk & McMahon High School	54.81	54.68
	26.35		54.68 (28.33)		
13	Annalie Whitridge	SO	Greenwich High School	55.06	55.17
	26.31		55.17 (28.86)		
14	Lillian Schilling	SR	Darien High School	55.63	55.96
	27.33		55.96 (28.63)		
15	Julia Istambouli	FR	Danbury High School	56.32	56.36
	26.87		56.36 (29.49)		
16	Theresa Kelly	SR	New Canaan High School	55.85	56.62
	26.99		56.62 (29.63)		

Event 8 Girls 500 Yard Freestyle

FCIAC: 4:53.48 * 2013 Verity Abel SHS Staples

4:53.01 AA Auto. All-American

4:58.10 AAC AAmericanConsideratn

5:03.53 2024 Champion

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Ellison Charette	JR	Greenwich High School	5:05.19	5:02.85
	27.74		57.98 (30.24)	1:28.47 (30.49)	2024
	2:29.20 (30.30)		2:59.55 (30.35)	3:30.82 (31.27)	
	4:33.03 (31.10)		5:02.85 (29.82)	4:01.93 (31.11)	

Girls FCIAC Swim Championship 2025 - 10/29/2025 to 11/1/2025**Results - Swimming Finals****A - Final ... (Event 8 Girls 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time
2	Zsafia Milak	FR	Ridgefield HS	5:06.59	5:07.88
	28.00	58.47 (30.47)	1:29.17 (30.70)	2:00.14 (30.97)	
	2:31.70 (31.56)	3:03.42 (31.72)	3:35.50 (32.08)	4:07.82 (32.32)	
	4:39.15 (31.33)	5:07.88 (28.73)			
3	Olivia DeVries	SO	Greenwich High School	5:12.29	5:08.90
	27.96	58.33 (30.37)	1:29.22 (30.89)	2:00.45 (31.23)	
	2:32.07 (31.62)	3:03.68 (31.61)	3:35.38 (31.70)	4:07.34 (31.96)	
	4:38.81 (31.47)	5:08.90 (30.09)			
4	Ainsley Sahrbeck	SR	Greenwich High School	5:18.99	5:14.61
	28.62	59.17 (30.55)	1:30.27 (31.10)	2:01.61 (31.34)	
	2:33.38 (31.77)	3:05.86 (32.48)	3:38.11 (32.25)	4:10.36 (32.25)	
	4:42.79 (32.43)	5:14.61 (31.82)			
5	Carly Waldman	SR	Staples High School	5:16.39	5:15.86
	28.38	59.60 (31.22)	1:31.31 (31.71)	2:03.35 (32.04)	
	2:35.51 (32.16)	3:07.55 (32.04)	3:39.43 (31.88)	4:11.50 (32.07)	
	4:43.58 (32.08)	5:15.86 (32.28)			
6	Emmy Beach	SR	St Josephs High School	5:19.26	5:18.91
	28.19	58.90 (30.71)	1:30.53 (31.63)	2:02.55 (32.02)	
	2:34.66 (32.11)	3:06.82 (32.16)	3:39.24 (32.42)	4:12.85 (33.61)	
	4:46.56 (33.71)	5:18.91 (32.35)			
7	Isadora Nassa	JR	Greenwich High School	5:20.52	5:22.59
	28.96	1:00.04 (31.08)	1:32.22 (32.18)	2:04.87 (32.65)	
	2:37.75 (32.88)	3:10.87 (33.12)	3:44.14 (33.27)	4:17.16 (33.02)	
	4:50.28 (33.12)	5:22.59 (32.31)			
8	Elizabeth Veeder	SR	Darien High School	5:21.48	5:24.63
	29.00	1:00.77 (31.77)	1:33.51 (32.74)	2:06.73 (33.22)	
	2:40.01 (33.28)	3:13.11 (33.10)	3:46.30 (33.19)	4:19.68 (33.38)	
	4:52.75 (33.07)	5:24.63 (31.88)			

B - Final

9	Eliza Swaggart	FR	Darien High School	5:25.16	5:24.37
	29.23	1:01.18 (31.95)	1:33.95 (32.77)	2:07.03 (33.08)	
	2:40.47 (33.44)	3:13.68 (33.21)	3:46.90 (33.22)	4:20.12 (33.22)	
	4:53.21 (33.09)	5:24.37 (31.16)			
10	Kiera Hinkley	SR	Ridgefield HS	5:35.61	5:24.64
	28.54	1:00.05 (31.51)	1:32.53 (32.48)	2:05.51 (32.98)	
	2:38.63 (33.12)	3:11.86 (33.23)	3:44.88 (33.02)	4:18.48 (33.60)	
	4:52.11 (33.63)	5:24.64 (32.53)			
11	Emily Pastushan	SR	New Canaan High School	5:26.70	5:25.26
	29.38	1:01.51 (32.13)	1:34.29 (32.78)	2:07.57 (33.28)	
	2:40.86 (33.29)	3:14.43 (33.57)	3:47.74 (33.31)	4:20.75 (33.01)	
	4:53.28 (32.53)	5:25.26 (31.98)			
12	Phoebe Setten	JR	Staples High School	5:29.25	5:26.53
	29.86	1:01.85 (31.99)	1:34.46 (32.61)	2:07.40 (32.94)	
	2:40.76 (33.36)	3:14.24 (33.48)	3:47.85 (33.61)	4:21.30 (33.45)	
	4:54.47 (33.17)	5:26.53 (32.06)			
13	Lauren Crawford	SO	Ridgefield HS	5:30.20	5:28.92
	29.60	1:01.96 (32.36)	1:35.06 (33.10)	2:08.76 (33.70)	
	2:42.64 (33.88)	3:16.45 (33.81)	3:50.25 (33.80)	4:24.43 (34.18)	
	4:57.90 (33.47)	5:28.92 (31.02)			
14	Maya Kreuzer	JR	Wilton High School	5:27.45	5:29.17
	29.68	1:02.18 (32.50)	1:35.19 (33.01)	2:08.71 (33.52)	
	2:42.33 (33.62)	3:15.89 (33.56)	3:49.91 (34.02)	4:23.66 (33.75)	
	4:57.26 (33.60)	5:29.17 (31.91)			

Girls FCIAC Swim Championship 2025 - 10/29/2025 to 11/1/2025

Results - Swimming Finals

B - Final ... (Event 8 Girls 500 Yard Freestyle)

Name		Yr	School	Prelim Time	Finals Time
15	Leila Ridolfi	SO	New Canaan High School	5:33.51	5:30.74
	29.91	1:02.57 (32.66)	1:35.94 (33.37)	2:09.63 (33.69)	
	2:43.43 (33.80)	3:17.37 (33.94)	3:51.21 (33.84)	4:24.84 (33.63)	
	4:58.17 (33.33)	5:30.74 (32.57)			
16	Rhaya Londono	FR	Norwalk & McMahon High School	5:34.18	5:42.37
	30.13	1:02.60 (32.47)	1:36.30 (33.70)	2:10.57 (34.27)	
	2:45.18 (34.61)	3:20.12 (34.94)	3:55.30 (35.18)	4:30.99 (35.69)	
	5:06.72 (35.73)	5:42.37 (35.65)			

Event 9 Girls 200 Yard Freestyle Relay

FCIAC: 1:36.27 * 2021

Staples

Ay. Olasewere, E. Alpert, J. Qi, An. Olasewere

1:35.48 AA Auto. All-American

1:37.13 AAC AAmericanConsideratn

1:37.45 2024 Champion

Team		Relay		Prelim Time	Finals Time
A - Final					
1	Greenwich High School	A		1:41.22	1:36.61 AAC
	1) Ellison Charette JR	2) Lily Norton SR	3) Wesley Wales SR	4) Kensington Worden JR	
	24.93	49.67 (24.74)	1:13.23 (23.56)	1:36.61 (23.38)	
2	Ridgefield HS	A		1:40.57	1:36.83 AAC
	1) Ellie Griffin SO	2) Zsofia Milak FR	3) Dalia Katra JR	4) Ava Ward SR	
	24.79	48.78 (23.99)	1:13.24 (24.46)	1:36.83 (23.59)	
3	Wilton High School	A		1:41.23	1:40.60
	1) Megan Lussier JR	2) Maryn Brooks SO	3) Caroline O'Grady FR	4) Vedha Kongettira JR	
	24.85	50.08 (25.23)	1:16.67 (26.59)	1:40.60 (23.93)	
4	New Canaan High School	A		1:42.53	1:42.41
	1) Cora Huang JR	2) Emma Bieliauskaite JR	3) Theresa Kelly SR	4) Leni So SR	
	26.32	52.27 (25.95)	1:18.15 (25.88)	1:42.41 (24.26)	
5	Fairfield Warde High School	A		1:46.56	1:42.52
	1) Lillian White-Charles JR	2) Nandini Bhattacharya JR	3) Lila Micknak SO	4) Adrianna Spelman JR	
	25.53	51.54 (26.01)	1:42.52 (50.98)	1:42.52 ()	
6	Fairfield Ludlowe	A		1:44.61	1:42.90
	1) Nora Donahue FR	2) Georgia Theodorsen SR	3) Mary Staecker SO	4) Ella Gussen SR	
	26.63	52.51 (25.88)	1:18.64 (26.13)	1:42.90 (24.26)	
7	Darien High School	A		1:44.22	1:43.87
	1) Caitlin Valji SR	2) Varvara Ivashevich FR	3) Eliza Swaggart FR	4) Lillian Schilling SR	
	26.58	52.16 (25.58)	1:18.57 (26.41)	1:43.87 (25.30)	
8	St Josephs High School	A		1:45.72	1:43.91
	1) Maegan Grisanti JR	2) Arianna Duran SO	3) Ella Scofeld FR	4) Emmy Beach SR	
	25.53	51.76 (26.23)	1:18.92 (27.16)	1:43.91 (24.99)	
B - Final					
9	Staples High School	A		1:50.32	1:48.75
	1) Charlotte Roberts JR	2) Carly Waldman SR	3) Bella Larson SR	4) Phoebe Setten JR	
	28.15	53.52 (25.37)	1:21.23 (27.71)	1:48.75 (27.52)	
10	Norwalk & McMahon High Schoo	A		1:50.37	1:49.20
	1) Valeria Flores SO	2) Isla Cunniffe SR	3) Mia Hickman SR	4) Rhaya Londono FR	
	27.07	54.03 (26.96)	1:21.49 (27.46)	1:49.20 (27.71)	
11	Westhill and Stamford HS	A		1:50.38	1:49.80
	1) Agata Sobolewska SO	2) Juliette Orlandi SR	3) Carmen Blanco JR	4) Aila Flynn SO	
	26.16	54.27 (28.11)	1:22.82 (28.55)	1:49.80 (26.98)	
12	Danbury High School	A		1:59.57	1:58.13
	1) Julia Istambouli FR	2) Sarahi Ledesma-Valverde SR	3) Rafaella Lopez-Gibbons FR	4) Jenavieve Hannon SR	
	25.33	56.26 (30.93)	1:26.47 (30.21)	1:58.13 (31.66)	

Girls FCIAC Swim Championship 2025 - 10/29/2025 to 11/1/2025

Results - Swimming Finals

B - Final ... (Event 9 Girls 200 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time
--- Greenwich High School	B	1:45.56	X1:41.21
1) Melissa Geiger SR	2) Norah Eldredge SO	3) Isadora Nassa JR	4) Julia Kozma JR
25.17	50.43 (25.26) 1:16.65 (26.22)	1:41.21 (24.56)	
--- Ridgefield HS	B	1:46.29	X1:48.03
1) Avery Kelly SO	2) Olivia McLaughlin SO	3) Kiera Hinkley SR	
26.07	53.45 (27.38) 1:19.62 (26.17)	1:48.03 (28.41)	
--- Darien High School	B	1:49.64	X1:48.76
1) Maddie Boulter SO	2) Elizabeth Veeder SR	3) Sadie Noonan SO	4) Elsa Balderach SR
27.31	54.62 (27.31) 1:21.65 (27.03)	1:48.76 (27.11)	
--- Trumbull High School	A	1:58.10	DQ
1) Ella Strumph SO	2) Hailey Cuminotto-Reis SO	3) Ruhi Patel FR	4) Nicole Zakrzewski SO
29.46	59.03 (29.57) 1:29.65 (30.62)	DQ (28.63)	

Event 10 Girls 100 Yard Backstroke

FCIAC:	54.45	* 2016	Marcie Maguire RHS	Ridgefield
	54.73	AA Auto. All-American		
	55.55	2024 Champion		
	55.91	AAC AAmericanConsideratn		

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Adrianna Spelman	JR	Fairfield Warde High School	56.45	55.75 AAC
27.09		55.75 (28.66)		
2 Kate Fedor	SR	Norwalk & McMahon High School	57.57	57.96
28.25		57.96 (29.71)		
3 Lillian White-Charles	JR	Fairfield Warde High School	58.95	58.71
28.69		58.71 (30.02)		
4 Alden Charette	FR	Greenwich High School	59.40	59.09
28.52		59.09 (30.57)		
5 Mairead Luhman	JR	Ridgefield HS	58.80	59.45
28.68		59.45 (30.77)		
6 Noelle Ivanovich	FR	Trumbull High School	1:00.12	59.51
28.76		59.51 (30.75)		
7 Chloe Archibald	SO	Ridgefield HS	1:00.35	1:00.36
29.22		1:00.36 (31.14)		
8 Caroline Gies	JR	Darien High School	1:00.32	1:00.71
29.32		1:00.71 (31.39)		
B - Final				
9 Juliette Arencibia	SR	Ridgefield HS	1:01.37	1:00.76
29.69		1:00.76 (31.07)		
10 Charlie Palmer	FR	Ridgefield HS	1:01.56	1:00.80
29.79		1:00.80 (31.01)		
11 Annalie Whitridge	SO	Greenwich High School	1:01.06	1:00.92
29.98		1:00.92 (30.94)		
12 Caitlin Martin	FR	Darien High School	1:00.81	1:01.35
29.76		1:01.35 (31.59)		
13 Meredith McDermott	FR	Greenwich High School	1:00.96	1:01.37
30.16		1:01.37 (31.21)		
14 Emily Pastushan	SR	New Canaan High School	1:01.94	1:02.51
30.35		1:02.51 (32.16)		
15 Elsa Wang	FR	Greenwich High School	1:03.00	1:02.89
30.99		1:02.89 (31.90)		
16 Emma Bieliauskaite	JR	New Canaan High School	1:02.98	1:03.39
30.97		1:03.39 (32.42)		

Girls FCIAC Swim Championship 2025 - 10/29/2025 to 11/1/2025

Results - Swimming Finals

Event 11 Girls 100 Yard Breaststroke

FCIAC: 1:02.12 * 2020 Lauren Walsh - THS Trumbull

1:02.52 AA Auto. All-American

1:03.75 AAC AAmericanConsideratn

1:05.41 2024 Champion

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Emma Giarfardino	SO	Norwalk & McMahon High School	1:05.58	1:05.56
	30.48		1:05.56 (35.08)		
2	Vivienne Walsh	FR	Ridgefield HS	1:05.48	1:05.95
	31.19		1:05.95 (34.76)		
3	Leni So	SR	New Canaan High School	1:07.55	1:06.06
	31.00		1:06.06 (35.06)		
4	Ella Gussen	SR	Fairfield Ludlowe	1:07.49	1:06.44
	31.38		1:06.44 (35.06)		
5	Dalia Katra	JR	Ridgefield HS	1:07.26	1:07.14
	31.28		1:07.14 (35.86)		
6	Georgia Theodorsen	SR	Fairfield Ludlowe	1:09.29	1:08.74
	31.37		1:08.74 (37.37)		
7	Isabel Guzman	SR	Greenwich High School	1:08.00	1:08.80
	33.26		1:08.80 (35.54)		
8	Olivia DeVries	SO	Greenwich High School	1:09.51	1:09.36
	32.43		1:09.36 (36.93)		
B - Final					
9	Kaitlyn Knowles	JR	New Canaan High School	1:10.23	1:09.49
	32.99		1:09.49 (36.50)		
10	Sara Jee	SO	Greenwich High School	1:09.63	1:10.38
	33.10		1:10.38 (37.28)		
11	Lauren Crawford	SO	Ridgefield HS	1:11.50	1:11.75
	33.74		1:11.75 (38.01)		
12	Kathleen Sullivan	JR	Ridgefield HS	1:12.27	1:12.08
	33.39		1:12.08 (38.69)		
13	Maya Kreuzer	JR	Wilton High School	1:11.78	1:12.70
	34.08		1:12.70 (38.62)		
14	Sabrina Goldstein	JR	Norwalk & McMahon High School	1:13.14	1:13.12
	33.78		1:13.12 (39.34)		
15	Mackenzie Grey	SR	Norwalk & McMahon High School	1:13.84	1:14.61
	35.53		1:14.61 (39.08)		
16	Ava Burnstine	JR	Greenwich High School	1:13.57	1:15.33
	34.48		1:15.33 (40.85)		

Event 12 Girls 400 Yard Freestyle Relay

FCIAC: 3:26.76 * 2024 Ridgefield

A. Ward, K. Giles, B. Kelly, L. Archibald

3:26.76 2024 Champion

3:27.78 AA Auto. All-American

3:31.16 AAC AAmericanConsideratn

Team		Relay		Prelim Time	Finals Time
A - Final					
1	Ridgefield HS	A		3:36.18	3:30.99 AAC
	1) Zsofia Milak FR	2) Mary Kelly FR	3) Ellie Griffin SO	4) Ava Ward SR	
	25.50	52.31 (52.31)	1:17.42 (25.11)	1:44.86 (52.55)	
	2:10.56 (25.70)	2:38.62 (53.76)	3:03.91 (25.29)	3:30.99 (52.37)	

Girls FCIAC Swim Championship 2025 - 10/29/2025 to 11/1/2025**Results - Swimming Finals****A - Final ... (Event 12 Girls 400 Yard Freestyle Relay)**

	Team	Relay	Prelim Time	Finals Time
2	Greenwich High School	A	3:39.63	3:36.26
	1) Melissa Geiger SR	2) Elsa Wang FR	3) Ellison Charette JR	4) Ainsley Sahrbeck SR
	26.01	54.26 (54.26)	1:20.57 (26.31)	1:49.00 (54.74)
	2:14.70 (25.70)	2:42.48 (53.48)	3:07.99 (25.51)	3:36.26 (53.78)
3	Norwalk & McMahon High School	A	3:41.10	3:36.92
	1) Chloe Ableman SR	2) Kate Fedor SR	3) Mackenzie Grey SR	4) Emma Giarfardino SO
	26.40	55.10 (55.10)	1:20.91 (25.81)	1:48.89 (53.79)
	2:15.42 (26.53)	2:44.84 (55.95)	3:09.80 (24.96)	3:36.92 (52.08)
4	Darien High School	A	3:44.93	3:43.83
	1) Caitlin Martin FR	2) Eliza Swaggart FR	3) Caroline Gies JR	4) Lillian Schilling SR
	26.82	55.61 (55.61)	1:22.93 (27.32)	1:51.78 (56.17)
	2:18.71 (26.93)	2:48.14 (56.36)	3:14.92 (26.78)	3:43.83 (55.69)
5	New Canaan High School	A	3:46.04	3:44.04
	1) Emma Bieliauskaite JR	2) Theresa Kelly SR	3) Leni So SR	4) Cora Huang JR
	27.18	56.40 (56.40)	1:23.27 (26.87)	1:52.63 (56.23)
	2:18.80 (26.17)	2:48.18 (55.55)	3:15.28 (27.10)	3:44.04 (55.86)
6	St Josephs High School	A	3:49.95	3:48.83
	1) Maegan Grisanti JR	2) Arianna Duran SO	3) Ella Scofield FR	4) Emmy Beach SR
	26.34	54.61 (54.61)	1:21.79 (27.18)	1:52.30 (57.69)
	2:21.22 (28.92)	2:53.91 (1:01.61)	3:20.16 (26.25)	3:48.83 (54.92)
7	Trumbull High School	A	3:52.65	3:52.84
	1) Noelle Ivanovich FR	2) Nicole Zakrzewski SO	3) Jessica Nagel SR	4) Alexis Abellard SR
	27.05	56.20 (56.20)	1:26.19 (29.99)	2:00.09 (1:03.89)
	2:27.18 (27.09)	2:57.11 (57.02)	3:22.85 (25.74)	3:52.84 (55.73)
8	Staples High School	A	3:58.08	3:56.12
	1) Carly Waldman SR	2) Charlotte Roberts JR	3) Bella Larson SR	4) Phoebe Setten JR
	26.50	54.68 (54.68)	1:23.64 (28.96)	1:55.95 (1:01.27)
	2:24.17 (28.22)	2:56.13 (1:00.18)	3:24.88 (28.75)	3:56.12 (59.99)
B - Final				
9	Wilton High School	A	4:01.15	3:55.35
	1) Maddie Devine FR	2) Caroline O'Grady FR	3) Sara West SR	4) Maya Kreuzer JR
	28.11	59.11 (59.11)	1:27.06 (27.95)	1:58.30 (59.19)
	2:26.28 (27.98)	2:57.15 (58.85)	3:24.81 (27.66)	3:55.35 (58.20)
10	Fairfield Ludlowe	A	4:08.13	3:58.70
	1) Caitlin Emra SO	2) Hannah Wallace SR	3) Mary Staecker SO	4) Maddie White SO
	27.92	59.43 (59.43)	1:27.83 (28.40)	2:27.70 (1:28.27)
	2:58.52 (30.82)	3:27.08 (59.38)	3:58.70 (31.62)	3:58.70 (31.62)
11	Westhill and Stamford HS	A	4:03.79	4:02.25
	1) Juliette Orlandi SR	2) Agata Sobolewska SO	3) Carmen Blanco JR	4) Aila Flynn SO
	29.47	1:01.54 (1:01.54)	1:29.23 (27.69)	1:59.46 (57.92)
	2:27.55 (28.09)	2:58.37 (58.91)	3:28.55 (30.18)	4:02.25 (1:03.88)
12	Fairfield Warde High School	A	4:24.01	4:19.82
	1) Olivia Rothberg JR	2) Sophia Usdavin FR	3) Annika Thakkar FR	4) Scarlett Aguele SR
	29.41	1:01.80 (1:01.80)	1:32.68 (30.88)	2:06.30 (1:04.50)
	2:36.86 (30.56)	3:12.04 (1:05.74)	3:44.00 (31.96)	4:19.82 (1:07.78)
---	Greenwich High School	B	3:50.41	X3:41.35
	1) Alden Charette FR	2) Olivia DeVries SO	3) Sara Jee SO	4) Annalie Whitridge SO
	26.53	55.46 (55.46)	1:22.57 (27.11)	1:51.94 (56.48)
	2:18.43 (26.49)	2:47.37 (55.43)	3:13.01 (25.64)	3:41.35 (53.98)
---	Ridgefield HS	B	3:49.11	X3:42.34
	1) Chloe Archibald SO	2) Charlie Palmer FR	3) Mairead Luhman JR	4) Delaney Goralnick FR
	26.11	54.54 (54.54)	1:21.77 (27.23)	1:50.44 (55.90)
	2:16.62 (26.18)	2:45.58 (55.14)	3:12.57 (26.99)	3:42.34 (56.76)

Girls FCIAC Swim Championship 2025 - 10/29/2025 to 11/1/2025**Results - Swimming Finals****B - Final ... (Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
--- New Canaan High School	B	3:50.17	X3:49.09
1) Kathryn Iacono SO	2) Leila Ridolfi SO	3) Emily Pastushan SR	4) Lily Smock SR
27.39	57.65 (57.65)	1:24.77 (27.12)	1:54.85 (57.20)
2:22.07 (27.22)	2:52.07 (57.22)	3:19.39 (27.32)	3:49.09 (57.02)
--- Darien High School	B	3:53.68	X3:54.31
1) Caitlin Valji SR	2) Elizabeth Veeder SR	3) Elsa Balderach SR	4) Heili Jalakas JR
28.40	58.74 (58.74)	1:26.50 (27.76)	1:57.48 (58.74)
2:25.77 (28.29)	2:56.62 (59.14)	3:24.08 (27.46)	3:54.31 (57.69)

Scores - Women**Women - Team Rankings - Through Event 12**

1. Greenwich High School	501	2. Ridgefield HS	410
3. New Canaan High School	197	4. Darien High School	189
5. Norwalk & McMahon High School	181	6. Wilton High School	156
7. Fairfield Ludlowe	129	8. Fairfield Warde High School	121
9. St Josephs High School	114	10. Staples High School	109
11. Trumbull High School	94	12. Westhill and Stamford HS	35
13. Danbury High School	29		